



Summer Figure Skating Advanced Group Classes



Welcome to Summer 2021 Figure Skating Classes

The Professional Coaches from the Utah Olympic Oval are excited to add more training options for skaters this summer. These group classes will help maximize ice time during the summer and give skaters more affordable options for additional instruction and training that will incorporate a variety of skills.

In order to simplify our summer schedule and pricing for each class, we are offering discounts for full summer packages.

For more information, please contact:
Kelly Cassity at kcassity@uolf.org or call 801-963-711

**Price below includes:
Ice time fees, coaching fees and an off-ice class**

Class:	Drop in:	Full Summer:	Early Bird:
Master your Edges on ice And off—ice class	\$20.00	Mon: \$170.00 Wed: \$170.00	Mon: \$140.00 Wed: \$140.00
Jump Consistency Training And off-ice class	\$20.00	Tues: \$180.00 Thurs: \$180.00	Tues: \$150.00 Thurs: \$150.00
Program Practice Training	\$12.00	\$100.00	\$95.00
FULL SUMMER PACKAGE *BEST DEAL*			
INCLUDES ALL 5 CLASSES EACH WEEK		\$750.00	\$650.00

*Sign-up due May 31st

EARLY BIRD DUE MAY 15TH (Best Value)

*Summer Schedule will begin

June 7th and end August 20th (11 total weeks)

*Skaters can register online at

Master Your Edges Class

***Mondays and Wednesdays
10:30-12:00PM***

This is a 45 minute on ice class that will focus on moves in the field patterns, footwork, power skating and edge control as well as a 45 minute off-ice class that will incorporate the use of off-ice platforms, positioning and flexibility. Class will be split into a high/low group

Jump Consistency Training

***Tuesdays and Thursdays
10:30-12:00PM***

This is a 45 minute on ice class will help enable athletes to grow in their endurance while maintaining jump consistency. New skills and drills to help those jumps will be taught and the jump harnesses will be utilized. This class will be paired with a 45 minute off-ice pilates and ballet class.

Program Practice Training

Friday 10:30-11:30AM

This is an opportunity for skaters to have the ice to themselves and run their competition programs with music. Competition attire suggested but not required. A 5 min. warm up will be included.

***Ice time is included
with all classes ***