



Free Skate Program

Each free skate level is comprised of a variety of progressive skating skills, transitions, spins, and jumps — all of which build on the previous skill, providing skaters a strong foundation of all elements. Instructors focus on quality and mastery of skills.

Tuesdays (Canton Recreation Pavilion)
 7:15-7:45 Pre-Free Skate
 7:00-7:45 Free Skate

Sundays (Appleton Arena St. Lawrence University)
 2:00-2:30 Pre Free Skate
 2:00-2:45 Free Skate

Classes include a 15-minute group lesson with a Learn to Skate Certified Coach and 15-minute open skate for Pre Free Skate and 30-minute open skate for Free Skate

SLFSC Home Club Membership Fee - The membership that you choose to purchase will be based on your skater's intentions for the season.

\$46.00 Learn to Skate Membership (\$16.00 for each additional Learn to Skate Membership)

\$60.00 USFS Introductory Membership - *Introductory membership includes the ability to test (dance/moves in the field/free skate) and compete at USFS Sanctioned Events (can only be purchased once in a lifetime).*

\$90 USFS Membership - *Membership includes ability, test at U.S. Figure Skating-sponsored test sessions, compete at the sanctioned event, participate in qualifying events, represent your club at regional, sectional and national events.*

***SLFSC, home club membership, includes a one-time only \$30 raffle ticket charge per family – the tickets will be distributed during the first few weeks of regular skating in October. If you renewed your membership in the summer or fall - your account has already been credited.*

Ice Contracts/Packages

<i>PRE FREE SKATE October 16th - March 16th</i>	<i>Tuesday and Sunday</i>	<i>\$245</i>
<i>Free Skate October 16th - March 16th</i>	<i>Tuesday and Sunday</i>	<i>\$350</i>

Installments are available

To Register Visit: <http://comp.entryeeze.com/Membership/Welcome.aspx?cid=308>
 Questions: stlawrencefigureskating@outlook.com
 Visit www.slfsc.net for more information