

Skate Milwaukee 2018 Announcement Wisconsin Figure Skating Club July 11 – 15, 2018

Host of the 2018 North American Series!



The Skate Milwaukee 2018 will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements: Skaters entering juvenile free skate events (Well Balanced Program) must be under 13 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program) must be at least 13 years of age at the close of entries.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES: Secure Online Registration and credit card payment will be available at: www.wifsc.com using Entryeeze.

Fees

All fees will be submitted through the online process described above. Any change to the entry form after the June 1, 2018 deadline is subject to a \$50 change fee. Late entries will be accepted only at the discretion of the Chief Referee and WFSC and must be accompanied by a \$50 late fee. Entry fees are not refundable. Fees will be as follows:

- \$170 for any championship events (Intermediate and above)
- \$125 for the first event entered (Juvenile)
- \$110 for the first event entered (Pre-Juvenile and below and all Test Track)

\$ 55 for each additional event

\$120 per pair team (Pre-Juvenile – Intermediate)

\$180 per pair team (Novice – Senior) Pairs teams should split the fee (50% each).

The event with the highest cost will be considered your first event and each additional event is \$55.

2018 Illinois Grand Prix of Figure Skating



The Skating Council of Illinois offers skaters the opportunity to earn an invitation to the Illinois Grand Prix of Figure Skating by competing in designated Free Skate events at our competitions. Skaters who compete in Grand Prix eligible categories at a minimum of 5 Grand Prix competitions will be invited to compete, at no cost, at the Illinois Grand Prix of Figure Skating, which will be held at the Centennial Ice Arena in Highland Park on September 23, 2018. Special recognition will be given to skaters who compete in all 9

events. Grand Prix information and standings will be posted on the Skating Council of Illinois website at http://www.skatingcouncilofillinois.org/

2018 Competitions:

April 5-8 - W.I.M. - Greater Milwaukee FSC

April 12-15 – Ladybug – Glenwood FSC

May 11-13 - Northern Blast - Northern Ice SC

June 8-10 – Quad Cities Championships – FSC of the Quad-Cities

June 14-16 – Southport Summer Classic – Southport SC

July 11-15 - Skate Milwaukee - Wisconsin FSC

July 26-29 - Chicago Open - Chicago FSC

August 24-26 – Skate the Lake – Cutting Edge FSC

September 7-9 – Greater Chicagoland Fall Invitational – Wagon Wheel FSC

Events:

The following "Introductory" Free Skate categories are eligible for the Grand Prix:

Beginner High Beginner No-Test

The following "Well-Balanced" Free Skate categories are eligible for the Grand Prix:

Pre-Preliminary Preliminary Pre-Juvenile
Open Juvenile Adult Pre-Bronze Adult Bronze

Adult Silver Adult Gold Masters Intermediate-Novice

Masters Junior-Senior

The following "Test Track" Free Skate categories are eligible for the Grand Prix:

Pre-Preliminary Test Track Preliminary Test Track Pre-Juvenile Test Track

Juvenile Test Track Pre-Juvenile Test Track Novice Test Track

Junior Test Track Senior Test Track

The following "IJS" Free Skate categories are eligible for the Grand Prix:

Juvenile Intermediate Novice

Junior Senior

Please Note: Individual Competitions may have additional Free Skate categories; however, those categories are not eligible for the Illinois Grand Prix of Figure Skating.

Awards:

The designated Free Skate events of each competition will be eligible for accumulating points. The system for scoring points for the final award will be as follows:

Placement	Points	Placement	Points
1 st place	10 points	2 nd place	7 points
3 rd place	4 points	4 th place	3 points
5 th place	2 points	Participation	1 point
Bor	1 point		

Competitors who perform their free skate program more than once at a competition (i.e., initial and final rounds) will receive the highest points earned for any one performance. If an event has less than 6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, he or she will be awarded 5 points. At the end of the Series, competitors who have competed in at least 5 competitions will be invited to the Illinois Grand Prix of Figure Skating.

Frequently Asked Questions

How do I enter the Championships? Participation in the Illinois Grand Prix of Figure Skating is by invitation only. To be invited to compete, you must have competed in eligible categories in at least 5 of the Grand Prix competitions. Eligible competitors will be sent invitations immediately following the Greater Chicagoland Fall Invitational.

What does it cost to enter? There is no entry fee for the Illinois Grand Prix of Figure Skating. The Skating Council of Illinois and our participating clubs are supporting this event. Practice Ice will be available for purchase. There will also be vendors, including video and still photography.

Who will keep my points and how will I know how many points I have? Ed Mann, a National Accountant, will tabulate points as the season progresses. Standings will be posted on the Skating Council of Illinois web site at www.skatingcouncilofillinois.org It is the responsibility of each competitor to verify the accuracy of the points posted on the website. Discrepancies should be brought to the attention of Ed Mann.

What happens to my points if I change categories during the season? Your points stay with you if you skate at more than one level. Eligibility to skate at the Illinois Grand Prix of Figure Skating will be determined by the competitor's most recent competition level.

Who can I ask if I have more questions? Contact any Skating Council of Illinois officer, or visit www.skatingcouncilofillinois.org and click on "Contact Us."

REFUND POLICY: Entry fees will not be refunded unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available on www.wifsc.com

FACILITIES: The competition will be held at the MSOE Kern Center, 1245 N. Broadway Milwaukee, WI 53202, which has one ice surface 200 x 85 feet that will be used throughout the competition and for practice ice. The arena has seating for 1,600 spectators. A concession stand will be open during the competition. Locker rooms are available for use. No admission fees will be charged.

MUSIC: Competitors must provide music for all events, as appropriate.

Competition music for all events that require music must be submitted electronically via the online registration system by the music deadline of 06/29/2018 at 11:59 pm. Skaters with music not submitted by the deadline will be charged \$25, which will be collected at registration.

After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the "competition" tab and then selecting "my music".

Your music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

Music Criteria:

- 1) File Format: MP3 (the online system will automatically check this)
- 2) Bit Rate: 192 kbps or higher (this will be checked by the music chairperson and they may request you upload a corrected file)
- 3) Sample Rate: 44,100 kHz (this will be checked by the music chairperson and they may request you upload a corrected file)
- 4) Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD as a backup in case of technical difficulties and must be turned in at the registration desk at the time of check-in. Only CDs (standard CD-R format only) will be accepted. CD-RWs will NOT be accepted due to compatibility issues. CDs must be clearly marked with the competitor's name, event, and running time. CDs must only have one piece of music per CD. The official competition CD turned in at the Registration Desk is reserved for use during the event and may not be retrieved for Practice Ice use. Please keep additional copies of your music readily available for both practice ice and rink side during competition events. Music may be picked up at the registration desk following each event. Every reasonable care will be taken, but the hosting club cannot be responsible for music left at the end of the competition.

LIABILITY: U.S. Figure Skating, Wisconsin FSC and MSOE Kern Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

- Well Balanced Program free skate events, juvenile senior
- Short program events, juvenile senior
- Pairs free skate events, juvenile senior
- Pairs short program events, intermediate senior

The 6.0 Majority Judging System will be used for:

- Well Balanced Program free skate events, pre-preliminary pre-juvenile
- Introductory free skate events (beginner, high beginner, no-test)
- All Test Track events
- All specialty singles events (spins, jumps, compulsory moves, etc.)

<u>**REGISTRATION:**</u> Registration will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the lobby of the Kern Center. Please register promptly upon arrival.

<u>PLANNED PROGRAM CONTENT FORMS:</u> Planned Program Content (PPC) for all IJS events is **required** to be submitted by each skater/pair via Entryeeze. <u>DO NOT USE U.S. Figure Skating Web Site for PPC's.</u> The deadline for PPC submission is <u>June 30, 2018</u>. <u>Failure to submit a PPC will result in being denied</u> credentials at registration and will include a \$25 late fee.

PRACTICE ICE: Practice ice sessions will be \$10 for each 20-minute session and may be purchased online at www.wifsc.com. The practice ice schedule will be posted by June 20, 2018. If practice ice sessions are still available, they will be sold at the competition for \$15. No refunds will be issued for practice ice sessions, with the exception of those cancelled by Wisconsin FSC.

<u>AWARDS:</u> Awards will be presented to all first, second, third, and fourth place finishers in each flight. There will be no final rounds, except the Championship events. Trophies (instead of medals) will be presented to all first, second, and third place finishers in the Championship events.

<u>OFFICIAL NOTICES:</u> Posting of schedules and announcements will occur on the official message board located at the rink and shall constitute official notice to competitors, coaches, and officials. Updated information will also be posted on www.wifsc.com

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation, which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

CONTACT INFO: If you have questions, please contact

Competition Chair: Diane Blacher
Registrar: Diane Blacher
Contact Diane Blacher at 414-573-4018
Via email at
dianeblacher@gmail.com
or SkateMilwaukee@wifsc.com

Schedule: A tentative schedule will be posted on the website www.wifsc.com by June 30, 2018 and individual confirmation will be emailed to all registrants.

Hotel: Skate Milwaukee has a courtesy block of rooms at the Pfister Hotel. Please see attached link:

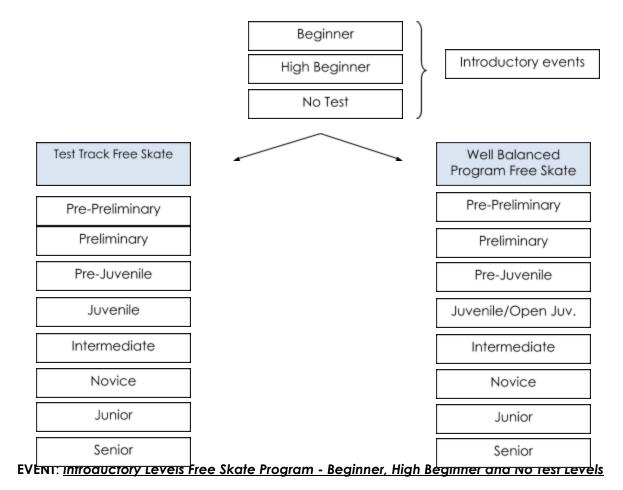
Skate Milwaukee Courtesy Block

EVENTS OFFERED

SINGLES FREE SKATING EVENTS:

See current rulebook or click <u>here</u> for current rules and requirements.

Illustration of Singles Free Skating Events:



General event parameters:

- 1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 3. Minimum number of spin revolutions is in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump 	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 Maximum	Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump.	Max. 2 spins: Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
No-Test 1:40 Maximum	 Max. 5 jump elements: Single jumps, with the exception of the single Axel, are allowed Maximum of 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted Jump sequences limited to a maximum of 3 single jumps No single Axels, double jumps or triple jumps 	Max. 2 spins: Spins may change feet and/or position Spins may start with a fly Minimum 3 revs. Spins must be of a different character (For definition see rule 4103E)	 Step sequence* Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the step sequence 	

EVENT: <u>Test Track Free Skate</u>

General event parameters:

4. Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.

- 5. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 6. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- 7. Minimum number of spin revolutions is in () following the spin description. Revolutions must be in position.
- 8. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 max	Maximum of 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One spin in one position, no change of foot (Min. 3 revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile 2:20 +/- 10 sec.	Maximum of 5 jump elements: • Any single jumps, including Axel, are permitted. • Max. 2 jump combinations or sequences	Maximum of 2 spins: One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have

change of foot and

passed tests

	Max. 2 of any same type jump	at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly		higher than juvenile free skate test
Intermediate 2:40 +/- 10 sec.	Maximum of 6 jump elements: Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	Maximum of 7 jump elements for men and 6 for ladies: • Any single jumps. • Double jumps permitted: double Salchow, double toe loop and double loop. • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump	Maximum of 3 spins, of a different nature: One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly	One step sequence or spiral sequence fully utilizing ice surface (See rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies: Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip Maximum of 3 jump combinations or sequences Max. 2 of any same type jump	Maximum of 3 spins of a different nature: • One spin in one position (Min. 6 revolutions) • One flying spin (Min. 6 revolutions) • One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies: • Any single jumps. • Must include at least four different double jumps, one must be a double Lutz.	Maximum of 3 spins of a different nature: One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions)	Men: Two different step sequences, one being of advanced difficulty, both	Skaters must have passed at least the U.S. Figure Skating junior free skate test

 Triple jumps are not permitted Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)	fully utilizing the ice surface. (See rule 4105 for remarks) Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)	
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EVENT: Well Balanced Program Free Skate

- 1. Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted.
- 3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 4. Either IJS or the 6.0 judging system may be used for this event.
- 5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on www.usfigureskating.org, under "Technical Information," then "Singles/Pairs"

2018-2019 Singles Free Skate Elements for No Test through Senior

SINGLES SHORT PROGRAM

2018-2019 Singles Short Program Elements for Intermediate through Senior

COMBINED SHORT PROGRAM & WELL BALANCED FREE SKATE EVENTS

Short Program Event: The juvenile short program will follow the same requirements for the Intermediate Short Program and is the only short program skated as a separate event. All other short programs (Intermediate, Novice, Junior & Senior) will be skated as a part of the Championship Events.

Championship Events: The Championship Event offers Intermediate, Novice, Junior, and Senior skaters the opportunity to skate a combined event (both short program and free skate program.) Skaters will skate both segments. Final placements will be determined according to

USFSA rules, which will combine results from both the short program and the free skate program. There MAY be final rounds for championship events depending upon the number of entries in each event. The Final Rounds will consist of ONLY the free skate program. There will <u>not</u> be an option to skate the short program and the free skate as separate events.

INITIAL / FINAL ROUND FOR FREE SKATE EVENTS

There will be no final rounds, except the Championship events.

EVENT: PAIRS FREE SKATING

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

2017-2018 Pairs Short Program Elements for Intermediate through Senior

2017-2018 Pairs Free Skate Elements for Pre-Juvenile through Senior

EVENT: Compulsory Events

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than their free skate program

Level	Time	Skating rules/standards
		1. Waltz jump
Beginner	1:15	2. ½ jump of choice
	max.	3. Forward two-foot or one-foot spin, minimum three revolutions
		(free leg position optional)
		4. Forward or backward spiral
		1. Toe loop jump
High	1:15	2. Salchow jump
Beginner	max.	3. Forward scratch spin - minimum three revolutions
		4. Forward or backward spiral
		1. Loop jump
No-Test	1:15	2. Jump combination to include a toe loop (may not use a loop
	max.	or Axel)
		3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions
		4. Spiral sequence, must include a forward and backward spiral.
		Additional spirals and balance moves may be included.

Level	Time	Skating rules/standards
Pre – Preliminary	1:15 max.	 Single toe loop Jump combination: single/single (no Axel) Sit spin or camel spin - minimum three revolutions Spiral sequence with one forward spiral and one backward spiral (any edge)
		1. Single Lutz

Preliminary	1:15	Jump combination: single/single (may include Axel)
	max.	3. Back upright spin - minimum three revolutions
		4. Forward inside spiral
Pre – Juvenile	1:15 max.	 Single jump (may include Axel) Jump combination: single/single (may include Axel) Layback spin or camel spin - minimum three revolutions Step sequence - circular
Juvenile & Open Juv.	1:15 max.	 Single Axel Jump combination: single/single or double/single Layback spin or camel spin - minimum three revolutions Step sequence - circular

EVENT: Jumps Challenge

- 1. Each jump may be attempted twice; the best attempt will be counted.
- 2. Pre-juvenile and lower will be skated $\frac{1}{2}$ ice; Juvenile will be skated on full ice

Level	Time	Skating rules / standards
		Waltz jump (from backward crossovers)
Beginner	1:15	2. ½ flip or ½ Lutz
	max.	3. Single Salchow
		Waltz jump (from backward crossovers)
High Beginner	1:15	2. Single Salchow
	max.	3. Jump combination – waltz jump-toe loop
		1. Single toe loop
No-Test	1:15	2. Single loop
	max.	3. Jump combination – Any two ½ or single revolution
		jumps (no Axel)
		1. Single toe loop
Pre – Preliminary	1:15	2. Single flip
	max.	3. Jump combination - Any two ½ or single revolution jumps
		(no Axel)
		5. Single flip
Preliminary	1:15	6. Single Lutz
	max.	7. Jump combination – Any single jump + single loop (may
		be Axel)
		5. Single Axel
Pre – Juvenile	1:15	6. Single or double jump
	max.	7. Jump combination – single/single (no Axel)
		5. Single Axel
Juvenile & Open	1:15	6. Double Salchow
Juv.	max.	7. Jump combination – single/single or double/single (no
		Axel)

EVENT: Spins Challenge

- 1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
- 2. All events are skated on ½ ice.
- 3. Minimum number of revolutions is noted in parentheses.

Level	Time	Skating rules / standards

		5. Upright one-foot spin (3)
Beginner	1:30	6. Upright two-foot spin (3)
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	max.	7. Sit spin (3)
		5. Upright one-foot spin (3)
High Beginner	1:30	6. Upright two-foot spin (3)
	max.	7. Sit spin (3)
		5. Upright one-foot spin (3)
No-Test	1:30	6. Upright two-foot spin (3)
	max.	7. Sit spin (3)
		4. Upright one-foot spin (3)
Pre – Preliminary	1:30	5. Upright two-foot spin (3)
,	max.	6. Sit spin (3)
		8. Backward upright spin (3)
Preliminary	1:30	9. Combination spin with no of foot (4)
,	max.	10. Sit spin (3)
		8. Camel spin (3)
Pre – Juvenile	1:30	9. Combination spin – camel to sit spin; no change of
	max.	foot (6)
		10. Forward to backward scratch spin (3 per foot)
		8. Sit spin (4)
Juvenile & Open	1:30	9. Combination spin – change of foot; optional change
Juv.	max.	of position (4 per foot)
		10. Girls – layback spin (4); Boys – camel spin (4)