

METRO EDGE FIGURE SKATING CLUB PRESENTS

ST. LOUIS SUMMER SKILLS CAMP

Join skaters of all disciplines at one of two camp offerings. The camps will provide skaters with on ice and off ice sessions focusing on enhancing individual skating skills.

Camp emphasis will be on turns, edge quality, speed, power, and transitional elements. There will also be time spent working on presentation, expression, and conditioning.

SKILLS CAMP – Two Days June 6th and 7th

For ages 9 years and older and passed their Preliminary through Senior MIF. Skaters will be assigned groups based on skill level.

Tuesday, June 6th, 2017

8:00 am - 5:00 pm

Wednesday, June 7th, 2017

8:00 am - 5:00 pm

On ice sessions, plus a variety of off ice classes such as strength training, dance, etc. Participants may bring their own lunch or box lunches will be available to pre-order for a fee. Participants will be emailed order placement details prior to event.

REGISTRATION

Register by May 19th - \$160 Register after May 19th - \$170

MINI SKILLS CAMP – 1/2 Day June 6th

At least 6 years old and passed ISI Delta or USFS Basic 8

Wednesday, June 6th, 2017

8:00 am - 12:00 pm

This camp is a shorter version of our skills camp to give younger skaters an introduction to the above mentioned skills. Skaters will work with Ms. Semanick-Schurman and area coaches. Includes on ice and off ice sessions.

REGISTRATION

Register by May 19th - \$50 Register after May 19th - \$60



GUEST COACH

Suzy Semanick-Schurman

Ms. Semanick-Schurman has been teaching for over 27 years and is currently the Skating Director at the Pond Ice Arena in Newark, DE. She has worked with the Pittsburgh Penguins, the Haydenettes, the University of Delaware, as well as Tanith Belbin/Ben Agosto, Jamie Sylverstein, and Marie France Dubreuil/Bruno Yvars to name a few.

Her achievements include: 1988 Olympic Ice Dance Competitor; 5th in Worlds; 3 time National Gold Medalist; PSA Master Rated in Moves, Dance, Free Dance, Sport Science; and USFS Triple Gold Medalist, in Freestyle, Figures and Dance.

Go online to register: www.metroedgefsc.org/camp

The registration deadline is June 2, 2017. There are a limited number of spaces available, and registration will close when the capacity is reached at each camp.

All registrations are considered final, and payment must be made at the time of registration. Refunds, minus an administrative fee, will be considered for athletes that must withdraw due to injury or family emergency, prior to June 2, 2017.

Coaches are welcome to observe the camp from the stand or hockey box.

The Ice Zone

5555 St. Louis Mills Blvd.
Suite 345, Hazelwood, MO 63042
Inside the Mills Outlet Mall

For more information contact: Ramona Peterson – rpsk8dance@aol.com