



The Dix Hills Open

A USFS Basic Skills Competition

Saturday, May 7, 2016

Presented by: The Skating Club of New York
Sanctioned by: United States Figure Skating

Competition Series: Mia & Dez's Ice Adventures 2016 Basic Skills
Competition Series

Dix Hills Park Skating Rink
575 Vanderbilt Pkwy • Dix Hills, NY 11746

SCNY Tel. (646) 638-0030

Approval Code:



The Dix Hills Open- Basic Skills Competition

Hosted by: The Skating Club of New York
Dix Hills Park Skating Rink • 575 Vanderbilt Pkwy • Dix Hills, NY
Saturday, May 7, 2016

Entry Deadline: April 15, 2016

The Dix Hills Open, sponsored by The Skating Club of New York, will be held at Dix Hills Skating Rink on Saturday, May 7, 2016. This is a United States Figure Skating approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Terri Levine, mail@thescny.org

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/club or any other Basic Skills Program/club.

Eligibility will be based on skill level as of closing date of entries. All **Basic Skills Snow Plow Sam -8** skaters must skate at the highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the **Free skate 1-6, Test Track and Well Balanced levels**, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee discovers that a skater has been placed in a category that is below their class level, the chairman and referee

will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

The Competition Committee reserves the right to limit the size of each group or to combine or divide groups. The committee may eliminate events due to insufficient entries or to ice time limitations.

Rules – The competition will be conducted in association with USFS rules governing non-qualifying and Basic Skills competitions as set forth in the 2015-2016 edition of the Rulebook and “Basic Skills Competition Manual”.

The Skating Club of New York, the USFS and Dix Hills accept no responsibility for injury or damage sustained by any participant in this competition; competitors assume the risk of competing in accordance with USFS Rule 3222. Non-USFS judges may be used to judge some of the events. The selection of all officials will comply with the rules for competitions as set out in the USFS Rulebook and in the criteria developed for USFS Basic Skills competition.

Deadline – We may not be able to accommodate all entries. Entries must be submitted online **no later than midnight, April 15, 2016. Late entries will NOT be accepted.**

Entry Fees –

Entry fees for individual events include a high definition digital download of your skater's program.

Compulsory Events – NO MUSIC: \$65.00

All Program Events WITH MUSIC: \$85.00

Basic Skills Registration Fee required *if not* current USFS Basic Skills or Full USFS Member: \$15

Register On-Line at

<http://comp.entryeeze.com/Home.aspx?cid=205>

All online registrations will require payment by credit card (Mastercard, Visa or Discover).

There is a \$10 registration fee required for paper applications. The Skating Club of New York will not charge this fee for on-line registrations.

Basic Skills Series Entry Fee – Skaters Basic 3 & above who wish to participate in the Competition Series, must also register for the series separately through this link: www.proud-nation.org.

Awards – All competitors in places 1st through 4th will receive a medal. All competitors, regardless of placement will receive a participation ribbon. All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. **Please register at least one hour before your competition time.**

Schedule of Events – Schedule will be posted on The Skating Club of New York website www.thescny.org and on the competition website <http://comp.entryeeze.com/Home.aspx?cid=205> at least one week prior to the event. The competition is tentatively scheduled from 9am to 5pm.

Music – Competitors must bring their program music CDs only (no tapes, no iPods or iPhones) labeled with the competitor's name, address and event. CDs should be turned in at the registration desk upon checking in. Please make sure that you bring at least TWO CDs for your program in case of a problem.

Rink:

The ice surface for all events measures 200' x 85'.

Admission:

There will be no charge for admission.

Video:

All entries include 1 Hi-Resolution download of your skater's performance

Inquiries:

Terri Levine - Competition Chairperson – mail@thescny.org

Tara Maceiko – SCNY Coordinator at Dix Hills Ice Rink- tmaceiko@aol.com

ALL EVENTS WITH AN * ARE ELIGIBLE FOR THE BASIC SKILLS COMPETITION SERIES POINTS

EVENT: BASIC ELEMENTS EVENT: BASIC 1 – BASIC 4

Format choice of the host: Each skater will perform each element when directed by a judge or referee OR have the option to perform one element at a time in the order listed below (no excessive connecting steps).

Skaters may compete at the highest level they have passed, or “skate up” to one level higher.

- To be skated on 1/3 to 1/2 ice
- No music
- **Elements must be skated in the order listed**

• Level	• Time	• Skating rules/standards
Snowplow Sam 1-3 (Tots)	• 1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	• 1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Forward snowplow stop • Backward wiggles, 6-8 in a row
Basic 2	• 1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
*Basic 3	• 1:00 max.	<ul style="list-style-type: none"> • Forward stroking • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Backward one-foot glide, either foot • Two-foot spin - minimum three revolutions
*Basic 4	• 1:00 max.	<ul style="list-style-type: none"> • Standstill forward outside three-turn, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Backward stroking, 4-6 strokes • Backward snowplow stop, right or left

EVENT: BASIC PROGRAM EVENT: BASIC 4 – BASIC 8

ALL EVENTS WITH AN * ARE ELIGIBLE FOR COMPETITION SERIES POINTS

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- Vocal music is allowed.
- Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules / standards
*Basic 4	1:10 max.	<ul style="list-style-type: none"> • Standstill forward outside three-turn - R & L • Forward crossovers 4-6 consecutive both directions • Backward stroking - 4-6 strokes • Backward snowplow stop - R or L
* Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward crossovers 4-6 consecutive - both directions • Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions • Side toe hop -either direction • Hockey stop
* Basic 6	1:10 max.	<ul style="list-style-type: none"> • Standstill forward inside three-turn - R & L • Bunny Hop • Forward spiral on a straight line - R or L • Lunge - R or L • T-stop - R or L
* Basic 7	1:10 max.	<ul style="list-style-type: none"> • Standstill forward inside open Mohawk - R to L and L to R • Ballet Jump - either direction • Back crossovers to a back outside edge landing position clockwise and counter clockwise • Forward inside pivot
* Basic 8	1:10 max.	<ul style="list-style-type: none"> • Moving forward outside or forward inside three-turns R & L • Waltz jump • Mazurka - either direction • Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge • Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions

EVENT: FREE SKATE 1-6 PROGRAM EVENT

ALL EVENTS WITH AN * ARE ELIGIBLE FOR COMPETITION SERIES POINTS

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:40 max

Level	Time	Skating rules / standards
*Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Advanced forward stroking - 4-6 consecutive • One-foot upright scratch spin from backward crossovers-minimum three revolutions • Waltz jump from backward crossovers • Half flip jump
*Free Skate 2	1:40 max	<ul style="list-style-type: none"> • Forward outside spiral - R or L • Beginning back spin - entry optional – minimum two revolutions • Waltz jump, side toe hop, waltz jump sequence • Toe loop jump
*Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Forward crossovers in a figure 8 • Back spin- minimum three revolutions • Salchow jump • Waltz jump/toe loop or Salchow/toe loop jump combination
*Free Skate 4	1:40 max	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets - R or L • Sit spin- minimum three revolutions • Loop jump • Waltz jump/loop jump combination
*Free Skate 5	1:40 max	<ul style="list-style-type: none"> • Camel spin - minimum three revolutions • Forward upright spin to back upright spin- minimum three revolutions each foot • Loop/loop jump combination • Flip jump
*Free Skate 6	1:40 max	<ul style="list-style-type: none"> • Camel, sit spin combination - minimum of four revolutions total • Split jump or stag jump • Waltz jump, ½ loop, Salchow jump sequence • Lutz jump

EVENT: TEST TRACK FREE SKATE

ALL EVENTS WITH AN * ARE ELIGIBLE FOR COMPETITION SERIES POINTS

General event parameters:

- Skaters may **not** enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice. Vocal music IS permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
*Beginner 1:40 max	Max 5 jump elements: <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). • Max 2 jump sequences • Max 2 of any same jump 	Max 2 spins: <ul style="list-style-type: none"> • Two upright spins, no change of foot, no flying entry (Min 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
*High Beginner <i>(formally Beginner)</i> 1:40 max	Max 5 jump elements: <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max 2 jump combinations or sequences • Max 2 of any same type jump. 	Max 2 spins: <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Pre-Preliminary Test 1:40 max	Max 5 jump elements: <ul style="list-style-type: none"> • Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>) • Single rotation jumps: Salchow, toe-loop and loop only. • Max. 2 jump combinations or sequences (using above jumps only) • Max. 2 of any same type jump 	Max of 2 spins: <ul style="list-style-type: none"> • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary Test 1:40 max	Max 5 jump elements: <ul style="list-style-type: none"> • Jumps with not more than one rotation (no Axels). • Max. 2 jump combinations or sequences • Max. 2 of any same type jump 	Max of 2 spins: <ul style="list-style-type: none"> • One spin in one position; no change of foot, no flying entry. (Min 3 revolutions) • One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test

<p>Pre-Juvenile Test</p> <p>Time: 2:00 +/-10</p>	<p><i>Max 5 jump elements:</i></p> <ul style="list-style-type: none"> Jumps with not more than one rotation (no Axels). <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i> 	<p><i>Max 2 spins:</i></p> <ul style="list-style-type: none"> One spin in one position, no change of foot (Min 3 revs) and One combination spin: forward camel spin to forward sit spin, change of foot optional (Min 6 revs combined in forward sit and camel positions). Spins may not fly 	<p>One step sequence fully utilizing ice surface.</p>	<p>Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test</p>
<p>Juvenile Test</p> <p>Time: 2:15 +/-10</p>	<p><i>Max 5 jump elements:</i></p> <ul style="list-style-type: none"> Any single jumps, including Axel, are permitted <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i> 	<p><i>Max 2 spins:</i></p> <ul style="list-style-type: none"> One spin in one position, no change of foot (Min 4 revs in position) One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions, (Min 4 revs on each foot) Only solo spin may fly 	<p>One step sequence fully utilizing ice surface.</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>
<p>Intermediate Test</p> <p>Time: 2:30 +/-10</p>	<p><i>Max 6 jump elements:</i></p> <ul style="list-style-type: none"> Any single jumps. Double jumps permitted: double Salchow and double toe loop. <i>Max 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i> 	<p><i>Max 2 spins of a different nature:</i></p> <ul style="list-style-type: none"> One must be a flying spin (Min 5 revs), One must be a combination spin with at least one change of foot and at least one change of position (Min 4 revs on each foot). 	<p>One step sequence fully utilizing ice surface.</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test.</p>

EVENT: Well Balanced Program Free Skate

ALL EVENTS WITH AN * ARE ELIGIBLE FOR COMPETITION SERIES POINTS

General event parameters:

- Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
- Events will be judged in the 6.0 system

Refer to 2016 US Figure Skating rulebook requirements

***No Test Free Skate**

Pre-Preliminary Free Skate

Preliminary Free Skate

EVENT: THERAPEUTIC SKATING BADGE PROGRAM

The Therapeutic Badge Program is designed to help physically challenged skaters develop skills and enhance their skating experience. The program encourages skaters to continue in the sport of skating for physical recreation and activity while taking limitations into consideration.

Therapeutic 2 – ON ICE

- A. Stand on ice
- B. Fall and stand up
- C. Knee dip in place
- D. March forward 10 steps

Therapeutic 3

- A. March forward 10 steps
- B. Three swizzles standing still
- C. Backward wiggle and march assisted
- D. Forward two-foot glide

Therapeutic 4

- A. Backward wiggle or march
- B. Five forward swizzles
- C. Forward skating
- D. Forward gliding dip

Therapeutic 5

- A. Backward two-foot glide
- B. Two-foot jump in place
- C. One-foot snowplow stop, R or L
- D. Forward one-foot glide

Therapeutic 6

- A. Forward stroking across the rink
- B. Five backward swizzles
- C. forward two-foot curves
- D. Two-foot turn front to back standing still

Therapeutic 7

- A. Gliding forward to backward two-foot turn
- B. Five forward one-foot swizzles, R or L
- C. Backward one-foot glide, R or L
- D. Forward pivot

Therapeutic 8

- A. Backward stroking across the rink
- B. Gliding backward to forward two-foot turn
- C. T-stop R or L
- D. Forward two-foot turn on a circle, R and L

Therapeutic 9

- A. Forward outside edge on a circle
- B. Forward inside edge on a circle
- C. Five forward crossovers
- D. Five backward half swizzles, R or L
- E. Two-foot spin

Therapeutic 10

- A. Forward outside three-turn, R and L
- B. Forward lunge or shoot the duck
- C. Bunny hop
- D. Back outside edge on a circle, R and L
- E. Back inside edge on a circle, R and L

Therapeutic 11

- A. Forward inside three-turn, R and L
- B. Five backward crossovers, R and L
- C. Hockey stop
- D. Forward spiral

Therapeutic 12

- A. Two forward outside edges
- B. Two forward inside edges
- C. Forward Mohawk, R and L

Therapeutic 13

- A. Backward outside edges
- B. Two backward inside edges
- C. Two-foot to one-foot spin
- D. Side toe hop, R or L

Therapeutic 14

- A. One-foot spin
- B. Forward crossover inside Mohawk backward crossover step forward
- C. Backward crossovers to a back outside edge
- D. Waltz jump from a standing or moving position

Certification of Competitor

Competitor Name: _____

The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the ENTER NAME OF YOUR CLUB AND ARENA WHERE EVENT IS BEING HELD HERE harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.

As a participant, or parent/guardian of a minor participant, in the NAME OF YOUR EVENT/Basic Skills Series, I understand that the NAME OF YOUR EVENT/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at NAME OF YOUR EVENT/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate NAME OF YOUR EVENT/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media

Parent/Guardian Signature _____ Date _____

Club Officer/Program Director Signature _____ Date _____

Title _____ Date _____

COMPETITOR SIGNATURE _____ Date _____

Coach Signature: _____ Print Name: _____

Please print clearly

Are you registered on USFS Coaches Registry for 2015-2016? Yes USFS # _____

If you are not registered, go to www.usfigureskating.org, click on the Coaches Registration button and follow the instruction for registration.

COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT

Phone _____ E-mail Address: _____

Please print clearly

CHECKLIST [please be sure the following is included]:

____ Entry form with USFS Number ____ Club Officer/Program Director Signature

____ Check payable to Skating Club of New York ____ Events to be entered checked properly



COMMUNITY OLYMPIC
DEVELOPMENT PROGRAM
EDUSKATING

Join Mia & Dez's

Ice Adventures

2016 Basic Skills Competition Series for Basic 3 and Up

The Rink at Brookfield Place with Gregory & Petukhov

Saturday, February 27, 2016
200 Vesey St, NYC
www.proud-nation.org

The Southern CT Basic Skills Competition

Saturday, March 5, 2016
SoNo Ice House, Norwalk CT
skatescsc.com

The Wollman Open • Wollman Rink

Sunday, March 6, 2016 • Rain Date March 13, 2016
Wollman Rink, Central Park, NY
thescny.org

The Southern CT Basic Skills Competition

Saturday, March 19, 2016
Terry Conners Rink, Stamford, CT
skatescsc.com

The Long Island Basic Skills Championships

Sunday, March 20, 2016
The Rinx, Hauppauge, NY 11788
TheRinx.com

Ruth Caley Memorial Basic Skills Competition

Saturday, April 23, 2016
Evarts Rink at The Harvey School, Katonah, NY
hhfsc.org

The Spring Classic

Sunday, May 1, 2016
The Town of Oyster Bay Ice Skating Center, Bethpage, NY
TheRinx.com

Dix Hills Open

Saturday, May 7, 2016
Dix Hills Park Skating Rink • 575 Vanderbilt Pkwy • Dix Hills, NY
http://www.huntingtonny.gov



Series Final

The Rinx Summer Open

Sunday, July 10, 2016
The Rinx, Hauppauge, NY 11788
TheRinx.com



Series Highlights

- **Register at www.proud-nation.org to receive your Series Registration Number.**
Series Registration costs \$25
- Please have your USFS Basic Skills Number ready in order to register. You will also be asked to input your coach and home club/rink.
- Basic Skills Level 3 and above skaters may participate in any events offered at their level or one level above at any of the Basic Skills Series Competitions to be eligible for accumulating points.
- The events offered for the series are Basic 3 and up. Those events include; Basic Element Event, Basic Program Event, Freeskate 1-6 Compulsory Event, Freeskate 1-6 Program Event, Test Track Beginner through No Test.
- Skaters must compete in at least 2 of the above competitions to participate in the Series. Skaters may compete in as many competitions as they want.
- Skaters who compete in the Series competitions accumulate points towards a Series medal.
- Skaters will receive bonus points for advancing in level during the course of the series.
- Points are awarded as follows:
 - 1st place=6 points, 2nd place=5 points, 3rd place=4 points, and so on down to 6th place=1 point.
 - If an event has 2-6 skaters, points are awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. If last-minute changes cause groups to become larger than 6 skaters, then all skaters following 6th place will receive 1 point.
- Awards will be presented to skaters with the highest point totals.

Special Awards Ceremony and Exhibition will be held at the end of the Series events. The date and place will be announced.

Sign up for the Series at www.proud-nation.org