



Autumn Skate Fest November 4-5, 2017 A U.S. Figure Skating Competition

Sponsored by the Burnsville-Minnesota Valley Figure Skating Club

**New this Year- Test Session November 3rd & **New Event Mini Production Ensemble

Burnsville Ice Center 251 Civic Center Parkway, Burnsville, Minnesota

Sanctioned by U.S. Figure Skating Referee: Jennifer Gillespie Accountant: Lexie Kastner

Registration Deadline: September 29, 2017

The Burnsville-Minnesota Valley Figure Skating Club's **14th Annual Autumn Skate Fest** will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

- **Test level**: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.
- Age restrictions/requirements: Skaters entering Juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering Open Juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering Beginner – Pre-Juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group. The referee may also elect to divide multiple skaters from the same club between groups.

ENTRIES:

- REGISTRATION ONLINE ONLY: Online entry is being used and is available via secured credit card transaction. Online registration is serviced by Entryeeze and can be accessed at:
 http://comp.entryeeze.com/Home.aspx?cid=116
 Online entry must be COMPLETED by 11:59pm on Friday, September 29, 2016.
- When using the online registration, it is the skaters' and coaches' responsibility to verify that the skater has entered the correct event and level. Upon receiving your application online an e-mail will be sent to the skater's coach to verify the accuracy of the entry. An official at the skater's home club will also be notified to certify the skater's standing within the club.
- **ENTRY FEE INFORMATION:** Entry fees are per person, U.S. dollars. The first event is \$100.00 and each additional event is \$25.00.
- **TEAM ENTRY FEE INFORMATION:** Mini Production Ensembles will be entered as a team. One person must register for the whole team. Registration fees will be per skater. If this is a skater's only event, the event is \$75. Additional event fee is \$25.00.
- Late entries are only accepted at the discretion of the referee and are subject to a \$15 late fee. Event changes or additions to entries made after the application deadline will be assessed a \$25 change fee.
- All events will be held, even if there is only one skater in the event. Participation awards will be awarded for single person events.

<u>REFUND POLICY:</u> Entry fees will not be refunded for any reason after **September 29, 2017** unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested



credit card charges will be charged a \$25.00 fee. Payment of all fees will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available by via email and the EntryEeze website.

<u>FACILITIES</u>: The competition will be held at the Burnsville Ice Arena, 251 Civic Center Parkway, Burnsville, Minnesota 55337. There is no admission charge for this competition. The ice sheet for the competition is 200ft x 85ft. Locker rooms are available for all participants. Concessions will be available during all events.

MUSIC:

- Only CD's (standard Compact Disk format ONLY) will be accepted. CD's must be clearly marked with the name of the skater, event entered and length of music. All music needs to be cut to requirement length and on a CD by itself. Music will stop within 10 seconds of the referee indicating that the allowed time has expired.
- Competition music is to be turned in at the time of registration and picked up after the skater's event. All skaters should have a back up CD. They should bring it with them down to the ice level.
- All care will be taken, but the Burnsville-Minnesota Valley Figure Skating Club cannot accept responsibility for unclaimed music. Unclaimed music can be returned upon request up to 30 days after the competition at the skater's expense.

LIABILITY: U.S. Figure Skating, the Burnsville-Minnesota Valley Figure Skating Club and the Burnsville Ice Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The 6.0 Majority Judging System will be used for ALL events.

<u>REGISTRATION:</u> The registration desk will be open in the lobby of the Burnsville Ice Center one to two hours before the first event and run through the last event of the day. All competitors are asked to arrive at the arena 60 minutes before the scheduled start time of their event. Please register promptly upon arrival.

PRACTICE ICE: No official practice ice is included with your registration fees. It will be sold on a first-come, first-served basis. Cost of practice ice is \$12 per 20-minute session in advance and \$15 if purchased during the competition. A practice ice schedule will be made available once the competition schedule is available. Practice Ice reservations will be made via the online registration system.

PHOTOGRAPHY: Photographs and Videos will be available for purchase.

<u>AWARDS:</u> All competitors will receive an award. All events will be final rounds. Awards will be presented to the competitors off-ice after the official results are posted for each event. Please respect all competitors in the event and report to the awards room as soon as the event results are posted.

<u>COMPETITION PROGRAMS</u> - Programs may be ordered in advance for \$5.00 each. A limited number will be available at the competition. Advertising space in the program may be obtained for a



monetary donation to the Burnsville-Minnesota Valley Figure Skating Club. See "Program Ad Form" for details.

<u>OFFICIAL NOTICES:</u> Schedules and results will be posted on the upper level of the Burnsville Ice Arena. It is the responsibility of each competitor, parent and coach to check for any schedule changes and/or additional information. Skaters are requested to arrive 60 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

<u>INFORMATION REGARDING COACHES - U.S. Figure Skating Rule MR 5.11 Coach Compliance;</u> In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The Burnsville-MN Valley Figure Skating Club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

CONTACT INFO:

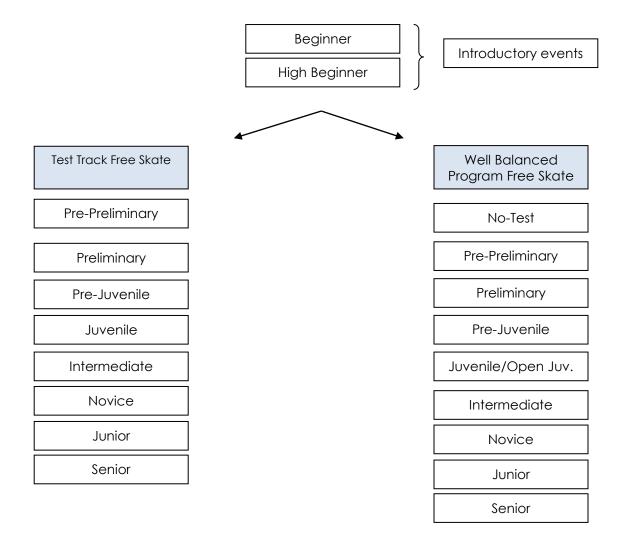
If you have questions, please contact:
Susan Quarandillo at kzooqs@aol.com
Angel Jensen at AJENSEN@stlouispark.org
Lori Collins at lacollins0671@gmail.com



SINGLES FREE SKATING EVENTS

See current rulebook or click <u>here</u> for current rules and requirements.

Illustration of Singles Free Skating Events:





U.S. Figure Skating Nonqualifying Competitions

EVENT: Introductory Levels Free Skate Program

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they
 - have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions
 must be in
 position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump.	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests



U.S. Figure Skating Nonqualifying Competitions

EVENT: 2017-2018 Test Track Free Skate – Introductory through Senior levels

- 1. Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- 4. Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- 5. The following deductions will be taken:
 - 0.1 from each mark for each technical element included that is not permitted in the event description.
 - 0.2 from the technical mark for each extra element included.
 - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 maximum	Max. 5 jump elements: • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump	Maximum of 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner 1:40 maximum	Max. 5 jump elements: • Jumps with no more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump.	Maximum of 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Pre-Preliminary 1:40 maximum	Maximum of 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. Max. 2 jump combinations or	Maximum of 2 spins: • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test



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	sequences Max. 2 of any same type jump			
Preliminary 1:30 +/- 10 sec.	Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels). Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One spin in one position, no change of foot (Min. 3 revolutions) One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre- juvenile free skate test
Juvenile 2:20 +/- 10 sec.	Maximum of 5 jump elements: Any single jumps, including Axel, are permitted. Max. 2 jump combinations or sequences Max. 2 of any same type jump	Maximum of 2 spins: One solo spin in one position, no change of foot (Min. 4 revolutions). One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot) Only solo spin may fly	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test



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Intermediate 2:40 +/- 10 sec.	 Maximum of 6 jump elements: Any single jumps. Double jumps permitted: double Salchow and double toe loop. Maximum of 3 jump combinations or sequences Max. 2 of any same type jump 	Maximum of 2 spins: One must be a flying spin (min 5 revolutions), One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.	Maximum of 7 jump elements for men and 6 for ladies: • Any single jumps. • Double jumps permitted: double Salchow, double toe loop and double loop. • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump	Maximum of 3 spins, of a different nature: One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot) The other spins are the option of the skater (min 6 revolutions per foot) All spins may fly	One step sequence or spiral sequence fully utilizing ice surface (see rule 4104 & 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies: • Any single jumps. • Double jumps permitted: double Salchow, double toe loop, double loop and double flip • Maximum of 3 jump combinations or sequences • Max. 2 of any same type jump	Maximum of 3 spins of a different nature: • One spin in one position (Min. 6 revolutions) • One flying spin (Min. 6 revolutions) • One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)	One step sequence fully utilizing ice surface (See rule 4105 for remarks)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test



Senior Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.	Maximum of 8 jump elements for men and 7 for ladies:	Maximum of 3 spins of a different nature: One spin in one position (Min. 6 revolutions) One flying spin (Min. 6 revolutions) One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks) Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 & 4105 for remarks.)	Skaters must have passed at least the U.S. Figure Skating junior free skate test
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EVENT: Well Balanced Program Free Skate

General event parameters:

- 1. Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- 2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- 3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- 4. 6.0 Judging will be used for this event.

2017-18 Singles Free Skate Requirements – This chart has been updated with the changes from the U.S. Figure Skating Governing Council and the ISU Congress that will go into effect July 1, 2017.

2017-18	JUMP ELEMENTS	SPINS	STEP SEQUENCES
NO TEST 1:40 maximum *means element is required	Max 5 Jump Elements All single jumps allowed except for the single Axel No single Axels, double, triple or quadruple jumps allowed Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted. Jump sequences limited to a maximum of 3 single jumps	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then: ChSt
PRE- PRELIMINARY 1:40 maximum *means element is required	Max 5 Jump Elements All single jumps, including the single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max 2 jump combinations or jump sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted. Jump sequences limited to a maximum of 3 single jumps	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence Step Sequence Must use one-half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then: ChSt
PRELIMINARY 1:30 +/- 10 sec *means element is required	Max 5 Jump Elements 1 must be an Axel or a waltz jump* All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo	Max 2 Spins Spins may change feet and/or position Spins may start with a flying entry Min 3 revs. These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Max 1 Sequence • Step Sequence • Must use one-half the ice surface • Moves in the field and spiral sequences are permitted but will not be counted as elements • Jumps may be included in the step sequence If IJS is used, then: ChSt

	jumps or part of a jump sequence or jump combination		
	 Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded 		
	 Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump permitted Jump sequences limited to a maximum of 3 single or double jumps. 		
	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
PRE-JUVENILE 2:00 +/- 10 sec	1 must be an Axel-type jump* All single and double jumps allowed except for the double Axel No triple or quadruple jumps allowed An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps or part of a jump sequence or jump combination Number of single jumps is not limited provided the maximum number of jump	1 spin combination, with or without change of foot*	Step Sequence Must fully utilize the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements Jumps may be included in the step sequence If IJS is used, then: ChSt
*means element is required	elements allowed is not exceeded Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a_maximum of 2 double jumps and 1 single jump is permitted Jump sequences limited to a maximum of 3 single or double jumps	These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	
	Max 5 Jump Elements	Max 2 Spins	Max 1 Sequence
	1 must be an Axel-type jump* All single and double jumps, including the double Axel, allowed	1 spin combination; with or without change of foot*	One choreographic step sequence* Must fully utilize the ice
JUVENILE and OPEN JUVENILE 2:20 +/- 10 sec *means element is required	 No triple or quadruple jumps allowed No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence If both executions (of the double) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump can be included more than twice Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed Number of jumps in jump sequence is not limited 	 Min 2 revs in each position 1 spin with only 1 position; no change of foot* Min 5 revs Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E)) 	surface
OPEN JUVENILE 2:20 +/- 10 sec *means element	 No triple or quadruple jumps allowed No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence If both executions (of the double) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump can be included more than twice Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed Number of jumps in jump sequence is not limited Max 6 Jump Elements 	Min 2 revs in each position 1 spin with only 1 position; no change of foot* Min 5 revs Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E)) Max 2 Spins	surface Max 1 Sequence
OPEN JUVENILE 2:20 +/- 10 sec *means element	 No triple or quadruple jumps allowed No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence If both executions (of the double) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump can be included more than twice Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed Number of jumps in jump sequence is not limited Max 6 Jump Elements 1 must be an Axel-type jump* All single, double and triple jumps allowed. No quadruple jumps allowed. No more than 2 different jumps with 2 ½ or 3 revolutions may be repeated If any double or triple jumps, including 	o Min 2 revs in each position • 1 spin with only 1 position; no change of foot* ○ Min 5 revs Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E)) Max 2 Spins 1 spin combination; with or without change of foot* ○ Min 8 revs ○ Min 2 revs in each position • 1 spin with only 1 position; no	Max 1 Sequence • One leveled step sequence* • Max Level 2. Only Minimum Variety (5 turns) & Simple Variety (7 turns) and rotation in each direction covering at least 1/3 of the
OPEN JUVENILE 2:20 +/- 10 sec *means element is required	 No triple or quadruple jumps allowed No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence If both executions (of the double) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump can be included more than twice Max 2 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed Number of jumps in jump sequence is not limited Max 6 Jump Elements 1 must be an Axel-type jump* All single, double and triple jumps allowed. No quadruple jumps allowed. No more than 2 different jumps with 2 ½ or 3 revolutions may be repeated 	o Min 2 revs in each position • 1 spin with only 1 position; no change of foot* ○ Min 5 revs Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E)) Max 2 Spins 1 spin combination; with or without change of foot* ○ Min 8 revs ○ Min 2 revs in each position	Max 1 Sequence • One leveled step sequence* • Max Level 2. Only Minimum Variety (5 turns) & Simple Variety (7 turns) and rotation in each direction



	 No double or triple jump can be included 	Skating rule 4103 (E))	
	more than twice Max 3 jump combinations or sequences Jump combinations limited to 2 jumps except one 3-jump combination is allowed Number of jumps in jump sequence is not limited	Oracing fulle 4100 (E))	
	Max 6 Jump Elements 1 must be an Axel-type jump*	Max 3 Spins1 spin combination; with or	 Max 1 Sequence One leveled step sequence*
NOVICE LADIES 3:00 +/- 10 sec *means element is required	All single, double and triple jumps are allowed No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least 1 attempt must be as part of a jump combination or sequence. If both executions (of the double Axel or same triple) are as solo jumps, the second of these jumps will receive 70% of its original base value There is no limit to the number of different double jumps that can be repeated, but no double or triple jump can be included more than twice Max 3 jump combinations or sequences Combinations limited to 2 jumps One 3-jump combination is permitted Number of jumps in jump sequence is not limited	without change of foot* Min 10 revs Min 2 revs in each position Must have all 3 basic positions to receive full value. 1 flying spin with no change of foot or position* Min 6 revs 3rd spin is option of skater All spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))	Must fully utilize the ice surface
	Max 7 Jump Elements	Max 3 Spins	Max 1 Sequence
NOVICE MEN 3:30 +/- 10 sec *means element is required	 1 must be an Axel-type jump* All single, double and triple jumps are allowed No more than 1 double Axel and 2 different triple jumps may be repeated, and if repeated, at least one attempt must be part of a jump combination or sequence. 	1 spin combination; with or without change of foot*	One leveled step sequence* Must fully utilize the ice surface

	May 7 Jump Flamenta	May 2 Cnina	May 1 Saguanas
	Max 7 Jump Elements	Max 3 Spins	Max 1 Sequence
	1 must be an Axel-type jump* Jumps can contain any number of	1 spin combination; with or without change of foot*	One leveled step sequence* Must fully utilize the ice.
	Jumps can contain any number of	without change of foot*	Must fully utilize the ice
	revolutions	o Min 10 revs	surface
	 Of all the triples or quads, only 2 can be 	 Min 2 revs in each 	
	executed twice	position	
	 If both executions (of the same triple 	Must have all 3 basic	
	or quad) are as solo jumps, the	positions to receive full	
JUNIOR	second of these jumps will receive	value.	
LADIES	70% of its original base value	• 1 spin	
	No double jump, including	with a	
3:30 +/- 10 sec	double Axel, can be included	flying	
	more than twice in total as solo jump or part of a	entry* o Min 6 revs	
*means element	combination/sequence		
is required	Max 3 jump combinations or	 1 spin with only 1 position* Min 6 revs 	
io roquirou	sequences	All spins may change feet and	
	Combinations limited	start with a flying entry	
	to 2 jumps	Spins must be of a different	
		character	
	 One 3-jump combination is 	(For definition see U.S. Figure	
	permitted	Skating rule 4103 (E))	
	Number of jumps in a	Okating raic 4100 (L))	
	sequence is not limited		
	Max 8 Jump Elements	Max 3 Spins	Max 1 Sequence
	1 must be an Axel-type jump*	1 spin combination; with or	One leveled step sequence*
	Jumps can contain any number of	without change of foot*	Must fully utilize the ice
	revolutions	Min 10 revs	surface
	 Of all the triples or quads, only 2 can be 	 Min 2 revs in each 	
	executed twice	position	
	 If both executions (of the same triple 	 Must have all 3 basic 	
	or quad) are as solo jumps, the	positions to receive full	
	second of these jumps will receive	value.	
JUNIOR MEN	70% of its original base value	 1 spin with a flying entry* 	
	 No double jump, including 	Min 6 revs	
4:00 +/- 10 sec	double Axel, can be included	1 spin with only 1 position*	
	more than twice in total as o Min 6 revs		
*means element	solo jump or part of a	All spins may change feet and	
is required	combination/sequence	start with a flying entry	
io roquirou	 Max 3 jump combinations or 	Spins must be of a different	
	sequences	character	
	 Combinations limited 	(For definition see U.S. Figure	
	to 2 jumps	Skating rule 4103 (E))	
	 One 3-jump 		
	combination is		
	permitted		
	 Number of jumps in a 		
	sequence is not limited		
	Max 7 Jump Elements	Max 3 Spins	Max 2 Sequences
	1 must be an Axel-type jump*	1 spin combination; with or	One leveled step sequence*
	Jumps can contain any number of	without change of foot*	 Must fully utilize the ice
	revolutions	o Min 10 revs	surface
	 Of all the triples or quads, only 2 can be 	 Min 2 revs in each 	
SENIOR	executed twice	position	One choreographic sequence*
LADIES	 If both executions (of the same triple 	Must have all 3 basic	 Must be clearly visible
LADILO	or quad) are as solo jumps, the	positions to receive full	
4.00 ./ 40	second of these jumps will receive	value.	
4:00 +/- 10 sec	70% of its original base value	1 spin with a flying entry* Min 6 rays	
	No double jump, including	Min 6 revs	
means element	double Axel, can be included	1 spin with only 1 position Min 6 rough	
is required	more than twice in total as	o Min 6 revs	
	solo jump or part of a combination/sequence	All spins may change feet and	
		start with a flying entry	
	 Max 3 jump combinations or sequences 	Spins must be of a different character	
	sequencesCombinations limited to 2 jumps	(For definition see U.S. Figure	
	 Combinations limited to 2 jumps One 3-jump combination is permitted 	Skating rule 4103 (E))	
		II ONGULIU TUIC TIVO ILII	



	 Number of jumps in a sequence is not limited 		
SENIOR MEN 4:30 +/- 10 sec *means element is required	Max 8 Jump Elements 1 must be an Axel-type jump* Jumps can contain any number of revolutions Of all the triples or quads, only 2 can be executed twice If both executions (of the same triple or quad) are as solo jumps, the second of these jumps will receive 70% of its original base value No double jump, including double Axel, can be included more than twice in total as solo jump or part of a combination/sequence Max 3 jump combinations or sequences	Max 3 Spins 1 spin combination; with or without change of foot* Min 10 revs Min 2 revs in each position Must have all 3 basic positions to receive full value. 1 spin with a flying entry* Min 6 revs 1 spin with only 1 position* Min 6 revs All spins may change feet and start with a flying entry Spins must be of a different character	Max 2 Sequences One leveled step sequence* Must fully utilize the ice surface One choreographic sequence* Must be clearly visible
	 Combinations limited to 2 jumps One 3-jump combination is permitted Number of jumps in a sequence is not limited 	(For definition see U.S. Figure Skating rule 4103 (E))	



U.S. Figure Skating Nonqualifying Competitions

EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards
		Waltz jump
Beginner	1:15 max.	• ½ jump of choice
		 Forward two-foot or one-foot spin - minimum three
		revolutions (free leg position optional)
		Forward or backward spiral
		Toe loop jump
High	1:15 max.	Salchow jump
Beginner		 Forward scratch spin - minimum three revolutions
		Forward or backward spiral



U.S. Figure Skating Nonqualifying Competitions

EVENT: COMPULSORY MOVES

- 1. No Test Juvenile: Elements skated on ½ ice
- 2. Intermediate Senior: Elements skated on full-ice
- 3. The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels.
- 4. A 0.2 deduction will be taken for each element performed from a higher level.
- 5. Music is not allowed.
- 6. Skaters may compete at their test level or one level higher.

Level	Time	Skating rules/standards
		1. Loop jump
No-Test	1:15 max.	2. Jump combination to include a toe loop (may not use a loop or Axel)
		3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions
		4. Spiral sequence, must include a forward and backward spiral.
		Additional spirals and balance moves may be included.
		1. Toe Loop jump
Pre-	1:15 max.	Jump combination: single/single (no Axel)
Preliminary		3. Sit spin or camel spin - minimum three revolutions
		4. Spiral sequence with one forward spiral and one backward spiral
		(any edge)
		1. Single Lutz
Preliminary	1:15 max.	Jump combination: single/single (may include Axel)
		3. Back upright spin - minimum three revolutions
		4. Forward inside spiral
		Single jump (may include Axel)
Pre –	1:15 max.	2. Jump combination: single/single (may include Axel)
Juvenile		3. Layback spin or camel spin - minimum three revolutions
		4. Step sequence - circular
		1. Single Axel
Juvenile &	1:15 max.	Jump combination: single/single or double/single
Open Juv.		3. Layback spin or camel spin - minimum three revolutions
		4. Step sequence – circular
		 Double Salchow or double toe loop
Intermediate	1:30 max.	2. Jump combination: single/single or double/single
		3. Flying spin, minimum five revolutions
		4. Step sequence – straight line
		1. Double loop
Novice	1:30 max.	2. Jump combination: double/single or double/double
		3. Flying spin - minimum five revolutions
		4. Step sequence – straight line
		1. Double flip
Junior	1:30 max.	Jump combination: double/double or triple/double
		3. Combination spin - minimum 10 revolutions
		4. Step sequence – straight line
		1. Double Lutz
Senior	1:30 max.	Jump combination: double/double or triple/double
		3. Combination spin - minimum 10 revolutions
		4. Step sequence – straight line



U.S. Figure Skating Nonqualifying Competitions

EVENT: Jumps Challenge

- 1. Each jump may be attempted twice; the best attempt will be counted.
- 2. Pre-juvenile and lower will be skated ½ ice; Juvenile senior will be skated on full ice
- 3. Jumps with an "*" must be preceded with connecting steps (intermediate senior)

Level	Time	Skating rules / standards
Beginner	1:15 max.	 Waltz jump (from backward crossovers) ½ flip or ½ Lutz Single Salchow
High Beginner	1:15 max.	 Waltz jump (from backward crossovers) Single Salchow Jump combination – waltz jump-toe loop
No-Test	1:15 max.	 Single toe loop Single loop Jump combination – Any two ½ or single revolution jumps (no Axel)
Pre – Preliminary	1:15 max.	 Single toe loop Single flip Jump combination - Any two ½ or single revolution jumps (no Axel)
Preliminary	1:15 max.	 Single flip Single Lutz Jump combination – Any single jump + single loop (may be Axel)
Pre – Juvenile	1:15 max.	 Single Axel Single or double jump Jump combination – single/single (no Axel)
Juvenile & Open Juv.	1:15 max.	 Single Axel Double Salchow Jump combination – single/single or double/single (no Axel)
Intermediate	1:30 max.	 Single Axel Double loop* Jump combination – double/single (no Axel)
Novice	1:30 max.	 Double loop Double flip* Jump combination – double/double (may be double Axel)
Junior	1:30 max.	 Choice of double or triple jump Double or triple flip* Jump combination – double/double (may be double Axel)
Senior	1:30 max.	 Choice of double or triple jump Double or triple Lutz* Jump combination – double/double or triple/double (may be double Axel)



U.S. Figure Skating Nonqualifying Competitions

EVENT: Spins Challenge

- 1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- 2. All events are skated on ½ ice.
- 3. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
High Beginner	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
No-Test	1:30 max.	 Upright one-foot spin (3) Upright two-foot spin (3) Sit spin (3)
Pre – Preliminary	1:30 max.	 Upright one-foot spin (3) Upright back scratch spin (3) Sit spin (3)
Preliminary	1:30 max.	 Forward scratch to back scratch spin (3) Combination spin with no change of foot (4) Sit spin (3)
Pre – Juvenile	1:30 max.	 Camel spin (3) Combination spin – camel to sit spin; no change of foot (6) Forward to backward scratch spin (3 per foot)
Juvenile & Open Juv.	1:30 max.	 Sit spin (4) Combination spin – with change of foot; optional change of position (4 per foot) Girls – layback spin (4); Boys – camel spin (4)
Intermediate	1:30 max.	 Flying camel spin (5) Sit spin to backward sit spin (4 per foot) Combination spin – change of foot & change of position (4 per foot)
Novice	1:30 max.	 Choice of camel, sit or layback spin (6) Camel spin to backward camel spin (4 per foot in position) Combination spin – change of foot & two changes of position (2 per position & 5 per foot)
Junior	1:30 max.	 Flying sit spin or flying reverse sit spin (6) Solo spin of choice (6) – may not fly Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)
Senior	1:30 max.	 Flying spin of choice (6) Solo spin of choice (6) – may not fly Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)



U.S. Figure Skating Nonqualifying Competitions

EVENT: Showcase Events – Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted.

General event parameters:

- 1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- 2. The determination of level will be based upon test requirement at the entry deadline.
- 3. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Light Entertainment Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify.

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
No Test (does not qualify for National Showcase)	No Free Skate test passed	Pre-Preliminary Free Skate OR Any Free Dance	No age restriction	1:30 max
Pre-Preliminary (does not qualify for National Showcase)	Pre-Preliminary Free Skate	Preliminary Free Skate OR Any Free Dance	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	3 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max

Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max



EVENT: Showcase Events – Mini Production Ensemble Events

Formats:

- **Mini production ensemble** events are theatrical performances by three to seven competitors. Props and scenery are permitted. Programs are performed under full arena lighting
 - o NOTE: Skaters may enter only one duet, mini production AND production event each.

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Mini Production Ensemble Events:

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Must not have passed Free Skate or Dance test (solo or partnered standard track)	Age	Program Duration
Mini Production	Open	Open	No age restriction	3:10 max

2017 AUTUMN SKATE FEST Program Ad Form

Several advertising options are available. Ads may be submitted in a variety of standard formats (i.e., jpg, GIF, PDF). It is preferred that ads are emailed. Ads submitted in hardcopy will be scanned. Please contact Chris Hills (contact information is below) for more details or questions. Ads and payment must be received by **Friday, October 13, 2017.**

Submit this form, any hardcopy, and check made to BMVFSC to:
Chris Hills
2208 Great Oaks Drive
Burnsville, MN 55044

Email: chills@chc-pa.org

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