



## HERSHEY OPEN 2014

August 5-10, 2014

Sanction # 11041

*IJS JUDGING SYSTEM FOR JUVENILE through SENIOR FREESTYLE EVENTS*

This application and all current competition information available at [www.hersheyfigureskating.org](http://www.hersheyfigureskating.org)

The Hershey Open 2014 will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

**SERIES INFORMATION:** The Hershey Open is proud to be a part of the **2014 Solo Dance** series.

**ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

**Age restrictions/requirements:** Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

**ENTRIES:** : **ALL entries are online via Entryyeeze.** Online entry with secure credit card payment is available at [www.hersheyfigureskating.org](http://www.hersheyfigureskating.org). Deadline for online entries, without late fees, is no later than **11:59 PM EST June 21, 2014.** The Local Organizing Committee (LOC) reserves the right to limit entries in

each category and the right to combine, divide or cancel groups. There will be separate groups for girls and boys. No changes may be made to a competitor's application once the deadline has passed. **Late entries entered online June 22<sup>nd</sup> – 11:59 PM EST July 3<sup>rd</sup>, may be accepted at the discretion of the LOC and will require an additional late fee of \$50. Entries entered online after July 3<sup>rd</sup> will NOT be accepted.** Notification of competition and practice ice times will NOT be available by phone, mail, or email. Skater and Coaches schedules will be available via the web at [www.hersheyfigureskating.org](http://www.hersheyfigureskating.org)

#### **FEES:**

**IJS Events - First Event - \$120.00; Each Additional IJS event \$75.00.**

**6.0 Events - First Event - \$85.00; Each Additional Event - \$45.00 per event**

**Solo Dance Series - \$85.00 per event**

**Basic Skills Events - \$55.00 per event.**

**EVENT CHANGE FEE: No changes to the schedule will be allowed due to personal or family conflicts.**

Any requests for event/level changes, (not due to an LOC error), after the application has been received will be processed upon receipt of a \$25.00 change fee. No changes will be made after the entries are sent to the chief referee

**REFUND POLICY:** Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25.00 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will NOT be available by phone, mail, or email. Skater and Coaches schedules will be available via the web at [www.hersheyfigureskating.org](http://www.hersheyfigureskating.org)

**SCHEDULE: Specific schedule WILL NOT be available prior to July 15th. Please no phone inquiries. A copy of the tentative schedule, the practice ice schedule, parking passes, and directions will be posted on the Hershey FSC website at [www.hersheyfigureskating.org](http://www.hersheyfigureskating.org). Please note that the schedule is prepared by the Referee after the close of entries and is based strictly on the number of events and competitors and the availability of judges. Skater and Coaches schedules will be posted on the web. Skaters will be able to choose their own practice ice sessions online after the schedule is posted. Additional practice ice will be available for sale online after those that pre-register for their sessions have chosen them. **All competitors need to arrive 1 hour before scheduled event, however we will not run more than 15 minutes ahead.****

**FACILITIES** The Competition will be held at **Hersheypark Arena** 100 W. Hersheypark Drive, Hershey, PA 17033 (**not Giant Center**). The ice measures 200 feet by 85 feet, with rounded corners and a barrier. A snack bar will be open during the competition. Locker rooms will be available for both male and female competitors.

**MUSIC:** CD's or Mini Discs are required. CD's or Mini Disc must be labeled CLEARLY with competitor's name, event, and side to be played. All music media must contain only one program per media submitted. Music must be turned in at the CD/RESULT DESK one hour before the event. Competitors **MUST HAVE DUPLICATE CD/MINI DISC** with them. Music must be picked up at the CD/RESULT DESK by

the end of the day. The HFSC assumes NO responsibility for unclaimed music by the end of the competition.

**LIABILITY:** U.S. Figure Skating, Hershey Figure Skating Club and Hersheypark Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**JUDGING SYSTEM:**

The International Judging System (IJS) will be used for the following events:

- *Well Balanced Program free skate events, juvenile – senior*
- *Short program events, juvenile – senior*

All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's Only section at [www.usfigureskating.org](http://www.usfigureskating.org). The deadline to submit the form is August 1, 2014.

The 6.0 Majority Judging System will be used for:

- *Well Balanced Program free skate events, pre-preliminary – pre-juvenile*
- *Introductory free skate events (beginner, high beginner, no-test)*
- *All Test Track events*
- *All specialty singles events (spins, jumps, compulsory moves, etc.)*
- *All solo dance events*

**REGISTRATION:** The registration table will open each day, one hour prior to the first event of the day and will remain open throughout each day of the competition. Competitors need only register for their first event promptly upon arrival. No admission fee will be charged for spectators. The registration table will be located in the upper lobby of the Hersheypark Arena. Please register promptly upon arrival.

**PRACTICE ICE:** Skaters will be able to pick their own practice ice sessions online but you MUST indicate number of sessions you want on the online practice ice form when you register and you MUST pay for them with your entry form or when you register online. You will receive an email with a PIN number in order to access your practice ice records and select your sessions. Practice ice will be \$15.00 if you pre-order the sessions. Practice ice will be scheduled at the rink starting on Wednesday, August 7<sup>th</sup> at the start of the competition. Please indicate the number of sessions you would like online. We will allow additional practice ice sales online for \$18.00 per session after the schedule has been posted and those that pre-register for sessions have had time to select their sessions. Additional practice ice will be available for purchase during the competition and will cost \$18.00 at the Registration Desk

**PHOTOGRAPHY/VIDEOGRAPHY:** Professional Photographers and Video will be available for purchase during the competition.

**AWARDS:** Medals will be awarded to all 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup>, place finishers in each event. A trophy will be awarded to the first place finisher for final round events and second, third and fourth place finishers will receive a medal. Ribbons will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> place finishers in basic skills events.

## **INFORMATION REGARDING COACHES:**

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

**FINAL ROUND:** For each 6.0 free skating event (Pre-Preliminary through Senior) made up of more than one group, an equal number of place finishers not to exceed the top 3, will advance to a final round. Final Round will consist of no more than 12 skaters.

**QUESTIONS:** Please visit the club website for schedule and updates [www.hersheyfigureskating.org](http://www.hersheyfigureskating.org). Competition questions? **Email [hersheyopen@hersheyfigureskating.org](mailto:hersheyopen@hersheyfigureskating.org). Please do not email for schedule information! This is a large competition, so please allow us several days to respond.**

**PARKING: VERY IMPORTANT! The entrance for the Ice Rink at Hersheypark Arena is also used for Hersheypark, Hershey's Chocolate World, and other attractions. The complex includes many very large parking lots for guests of the amusement park, and are a 20+ minute walk to the Arena. Parking for Hershey Open attendees is directly in front of the Arena, but you MUST present a Hershey Open parking pass to the parking staff. These parking passes will be posted on the club website, [www.hersheyfigureskating.org](http://www.hersheyfigureskating.org). Please be sure to print and bring your parking pass with you, or you will be charged for parking.**

**PLEASE ALLOW EXTRA TIME FOR TRAVELING IN AND AROUND THE HERSHEY PARK AREA.**

## OFFICIAL ACCOMMODATIONS FOR THE HERSHEY OPEN 2014

This year we are pleased to offer you a special rate at the Comfort Suites Near the Park, 320 Milroy Rd. Hummelstown, PA 17036. This hotel is located a short 10 minute drive from Hershey and includes a number of family-friendly amenities:

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| <ul style="list-style-type: none"><li>➤ Fitness Center</li><li>➤ Indoor Heated Pool</li><li>➤ Flat Screen Plasma TVs</li><li>➤ Pillow-top Mattresses</li></ul> | <ul style="list-style-type: none"><li>➤ Microwave &amp; Refrigerator in Suites</li><li>➤ Complimentary Deluxe Breakfast</li><li>➤ Many Restaurants and Shopping Nearby</li><li>➤ Free WiFi</li></ul> |
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The special **Hershey Open rate is \$149.00** per night (taxes additional). Reservations can be made by calling 1-800-228-5150. When calling please indicate that you are with a group and ask for the block of rooms held under "Hershey Open". We recommend you make your room reservations as soon as possible. **There are only a limited number of rooms available at this discounted price.**

### DISCOUNT HERSHEY PARK TICKETS

This year Hersheypark tickets are available at special discounted rates for Hershey Open competitors and attendees! To purchase your discount tickets, visit [www.hersheyfigureskating.org](http://www.hersheyfigureskating.org) after May 25, 2013. **Click on the link for Hershey Open Hersheypark Tickets. Tickets must be purchased online to receive the discounted rate. Rates are valid only for visits occurring August 05, 2014 through August 10, 2014.**

### PARKING AND DIRECTIONS TO HERSHEY PARK ARENA HERSHEY, PA

**BALTIMORE/WASHINGTON:** I-83 North. To Rt. 322 East. To Hersheypark Drive.

**NEW YORK:** I-78 West. To I-81 South. To Exit 80 (old exit 28) Grantville. To Rt. 743 South. To Hersheypark Drive.

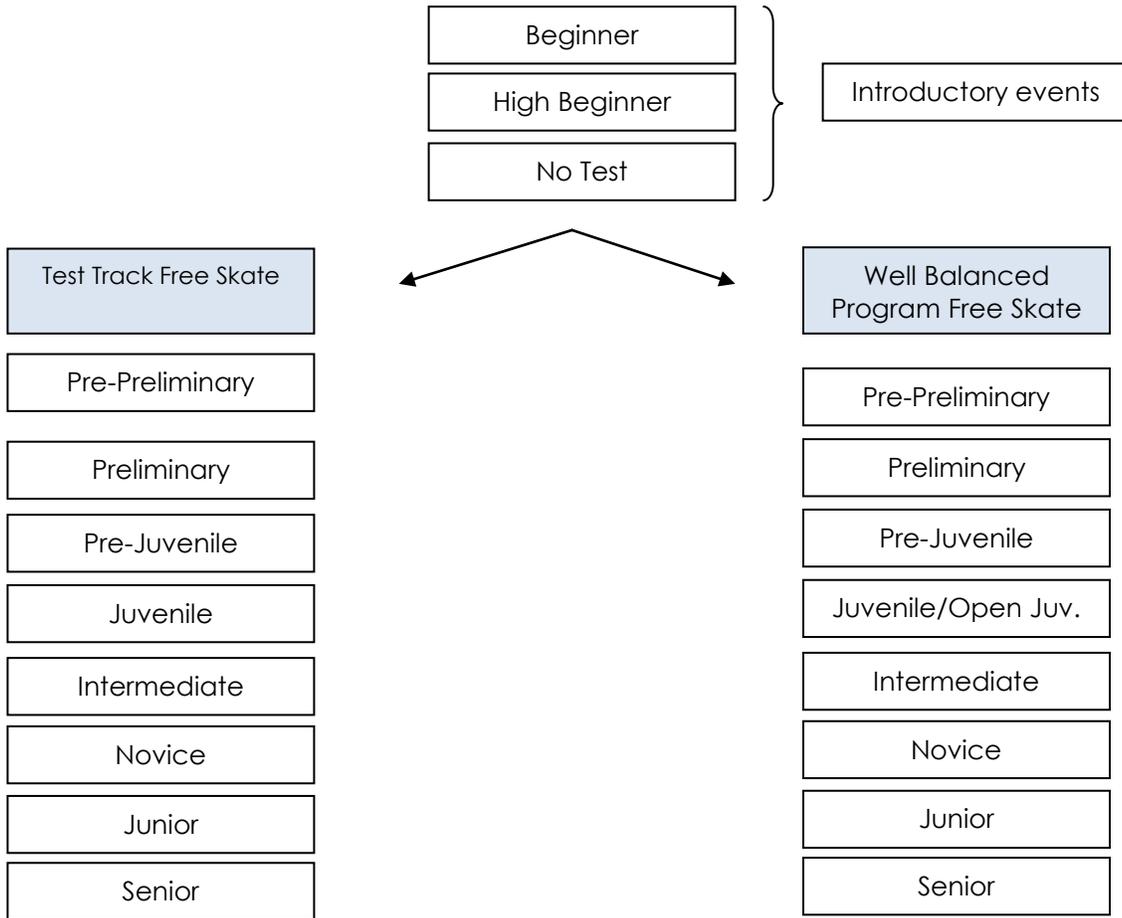
**PHILADELPHIA:** PA Turnpike West I-76. To Exit 266 (old exit 20) Lebanon/Lancaster To Rt. 72 North. To Rt. 322 West. To Rt. 743 North. To Hersheypark Drive.

**PITTSBURGH:** PA Turnpike East I-76. To Exit 247 (old exit 19) Harrisburg-East. To I-283 North to Exit 3. Follow to Rt. 322 East to Hersheypark Drive.

# SINGLES FREE SKATING EVENTS

See current rulebook for current rules and requirements.

Illustration of Singles Free Skating Events:



## Free Skate Program: Introductory Levels

General event parameters:

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

| Level                             | Jumps  | Spins  | Step Sequences   | Qualifications  |
|-----------------------------------|--|--|--|---|
| Beginner<br>1:30 +/- 10 sec.      | <i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front).</li> <li>• Max. 2 jump sequences</li> <li>• Max. 2 of any same jump</li> </ul>   | <i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>  | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |
| High Beginner<br>1:30 +/- 10 sec. | <i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow and toe loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump.</li> </ul>     | <i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul>  | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |
| No-Test<br>1:30 +/- 10 sec.       | <i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Up to 2 may be jump combos or sequences</li> <li>• Jump combos are limited to 2 jumps</li> <li>• Jump sequences are limited to 3 single jumps (half-loop is not considered a single jump at this level)</li> <li>• No Axels or double jumps are permitted</li> </ul> | <i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Spins must be of different character.</li> <li>• Each spin must have a Minimum of 3 revolutions.</li> <li>• Spins may change feet, position and start with a fly.</li> </ul> | One step sequence that utilizes ½ of the ice surface                     |   |

## Free Skate: Well Balanced Program

General event parameters:

4. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
5. Skaters will skate to the music of their choice. Vocal music is permitted for pre-preliminary – intermediate.
6. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
7. Either IJS or the 6.0 judging system may be used for this event.
8. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on [www.usfigureskating.org](http://www.usfigureskating.org), under "Technical Information," then "Singles/Pairs"

| Level           | Time  | Jumps   | Spins   | Step Sequences   |
|-----------------|---|---|---|--|
| Pre-Preliminary | 1:30 +/- 10 sec.<br><br>Vocal music permitted | Maximum of 5 jump elements:<br>a) Any single jumps, including Axel, allowed.<br>b) Max. 2 jump combinations or sequences<br>c) Jump combinations are limited to 2 jumps.<br>d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.)<br>e) Axel may be repeated as an individual jump, as part of a jump combination or jump sequence. Max of 2 Axels.<br>f) Double or triple jumps are not allowed.  | Maximum of 2 spins:<br>a) Spins must be of a different nature<br>b) Spins may change feet and/or position.<br>c) Spins may start with a fly.<br>d) Min. of 3 revolutions  | One step sequenced that must use ½ of the ice surface. |
| Preliminary     | 1:30 +/- 10 sec.<br><br>Vocal music permitted | Maximum of 5 jump elements:<br>a) One must be an Axel or waltz-jump.<br>b) Max. 2 jump combinations or sequences<br>c) Jump combinations limited to 2 jumps<br>d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.)<br>e) Only 2 different double jumps may be attempted, selected from: double Salchow, double toe-loop, double loop)<br>f) Axel and no more than 2 different double jumps may be repeated as individual jumps, as part of jump combinations or jump sequences.<br>g) Max. of 2 Axels or any double jump.<br>h) Double flips, double Lutzes, double Axels or triple jumps are not allowed. | Maximum of 2 spins:<br>a) Spins must be of a different nature<br>b) Spins may change feet and/or position.<br>c) Spins may start with a fly.<br>d) Min. of 3 revolutions  | One step sequenced that must use ½ of the ice surface. |
| Pre-Juvenile    | 2:00 +/- 10 sec.<br><br>Vocal music permitted | Maximum of 5 jump elements:<br>a) One must be an Axel or waltz –jump.<br>b) Max. 2 jump combinations or sequences<br>c) Jump combinations limited to 2 jumps<br>d) Number of jumps in jump sequence is limited to a max. of 3 single or double jumps. ( ½ loop is not considered a single jump at this level.)<br>e) Number of different double jumps is not limited.<br>f) Axel and no more than 3 different double jumps may be repeated as individual jumps, as part of jump combination or jump sequence.<br>g) Maximum of 2 Axels or any double jump<br>h) No double Axels or triple jumps   | Maximum of 2 spins:<br>a) 1 spin combination; with or without change of foot*, may fly.<br>b) 1 spin with only 1 position*, may fly, no change of foot<br>c) Min. 4 revolutions.; 6 revolutions for combo<br>d) Spins must be of a different nature | One step sequence fully utilizing ice surface.         |

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| <p>Juvenile (under 14 years) &amp; Open Juvenile (14 years or older)</p> | <p>2:15 +/- 10 sec.</p> | <p>Maximum of 5 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 2 jump combinations or sequences</li> <li>c) Jump combinations limited to 2 jumps</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double jumps may be repeated (1 each), but only as part of combination or sequence. Max 2 of same double jump.</li> <li>f) No triple jumps</li> </ul>   | <p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>a) 1 spin combination; with/without change of foot*</li> <li>b) 1 spin with only 1 position; no change of foot*</li> <li>c) Both spins may start with a fly</li> <li>d) Min. 5 revolutions; 8 revolutions. for combination</li> <li>e) Min. 2 revolutions in position</li> <li>f) Spins must be of a different nature</li> </ul>  | <p>One choreographic step sequence fully utilizing ice surface.</p> |
| <p>Intermediate</p>  | <p>2:30 +/- 10 sec.</p> | <p>Maximum of 6 jump elements:</p> <ul style="list-style-type: none"> <li>a) 1 must be an Axel-type jump*</li> <li>b) Max 3 jump combinations (combos) or sequences</li> <li>c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or sequence. Max. 2 of the same double or triple.</li> </ul>  | <p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>a) 1 spin combination; w/without change of foot*</li> <li>b) 1 spin with only 1 position; no change of foot*</li> <li>c) Both spins may start with a fly</li> <li>d) Min. 5 revolutions; 8 revolutions. for combo</li> <li>e) Min. 2 revolutions. in position</li> <li>f) Spins must be of a different nature</li> </ul>  | <p>One choreographic step sequence fully utilizing ice surface.</p> |
| <p>Novice Ladies</p>   | <p>3:00 +/- 10 sec.</p> | <p>Maximum of 6 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or seq. Max. 2 same double or triple.</li> </ul>   | <p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) Spins must be of a different nature</li> <li>b) 1 flying entry with no change of foot or position*</li> <li>c) 1 spin combination; w/without change of foot*</li> <li>d) 3rd spin is option of skater</li> <li>e) Min. 6 revolutions; 10 revolutions. for combo</li> <li>f) Min. 2 revolutions. in position</li> <li>g) Spins may change feet and start with a fly, except</li> <li>h) For the flying spin with no change of foot or position</li> </ul> | <p>One leveled step sequence Fully utilizing the ice surface</p>    |
| <p>Novice Men</p>  | <p>3:30 +/- 10 sec.</p> | <p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump*</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) One double Axel and two different triple jumps may be repeated.</li> <li>f) If double Axel or triple jumps repeated, must be in combo or sequence.</li> <li>g) No more than two of the same type of double or triple may be attempted.</li> </ul> | <p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) Spins must be of a different nature</li> <li>b) 1 flying entry with no change of foot or position*</li> <li>c) 1 spin combination; with or without change of foot*</li> <li>d) 3rd spin is option of skater</li> <li>e) Min. 6 revolutions; 10 revolutions for combo</li> <li>f) Min. 2 revolutions in position</li> <li>g) Spins may change feet and start with a fly, except for the flying spin with no change of foot or position</li> </ul>         | <p>One leveled step sequence Fully utilizing the ice surface.</p>   |
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| Junior Ladies | 3:30 +/-<br>10 sec. | <p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul> | <p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revs. for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>       | <p>One leveled step sequence<br/>Fully utilizing the ice surface.</p>                               |
| Junior Men    | 4:00 +/-<br>10 sec. | <p>Maximum of 8 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul> | <p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revs. for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul>       | <p>One leveled step sequence<br/>Fully utilizing the ice surface.</p>                               |
| Senior Ladies | 4:00 +/-<br>10 sec. | <p>Maximum of 7 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) Sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul> | <p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revolutions for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul> | <p>One leveled step sequence<br/>One choreographic sequence<br/>Fully utilizing the ice surface</p> |
| Senior Men    | 4:30 +/-<br>10 sec. | <p>Maximum of 8 jump elements:</p> <ul style="list-style-type: none"> <li>a) One must be an Axel-type jump *</li> <li>b) Max. 3 jump combinations (combos) or sequences</li> <li>c) Combos limited to 2 jumps, but one 3-jump combo is permitted</li> <li>d) Number of jumps in jump sequence is not limited</li> <li>e) 2 triples or quads may be repeated, but must be in combo or</li> <li>f) Sequence</li> <li>g) Max. 2 double Axels as solo jump or in combo/sequence</li> </ul> | <p>Maximum of 3 spins:</p> <ul style="list-style-type: none"> <li>a) 1 flying entry*</li> <li>b) 1 spin combination; with or without change of foot*</li> <li>c) 1 spin with only 1 position *</li> <li>d) Min. 6 revolutions; 10 revolutions for combo</li> <li>e) Min. 2 revolutions in position</li> <li>f) All spins may change feet and start with a fly</li> <li>g) Spins must be of a different nature</li> </ul> | <p>One leveled step sequence<br/>One choreographic sequence<br/>Fully utilizing the ice surface</p> |

## SHORT PROGRAM

Skaters may enter only one level. Skaters may skate up one test level.

All short programs will be conducted according to the required elements for the 2014 competition season.

Please see your USFS Rule Book for general requirements.

| <b>Event</b>                                | <b>Program Time</b>   |
|---|-----------------------|
| Senior Short Program (4200)                 | Maximum duration 2:50 |
| Junior Short Program (Junior Group C)(4210) | Maximum duration 2:50 |
| Novice Short Program (4220)                 | Maximum duration 2:30 |
| Intermediate Short Program (4230)           | Maximum duration 2:00 |

## Free Skate: Test Track

General event parameters:

9. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
10. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
11. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
12. Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
13. The following deductions will be taken:
  - 0.1 from each mark for each technical element included that is not permitted in the event description.
  - 0.2 from the technical mark for each extra element included.
  - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

| Level                               | Jumps  | Spins  | Step Sequences   | Qualifications  |
|-------------------------------------|--|--|--|---|
| Pre-Preliminary<br>1:30 +/- 10 sec. | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>)</li> <li>• Single rotation jumps: Salchow, toe loop and loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul> | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)</li> </ul>   | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test   |
| Preliminary<br>1:30 +/- 10 sec.     | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>   | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>• One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul> | Connecting moves and steps should be demonstrated throughout the program | Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test |
| Pre-Juvenile<br>2:00 +/- 10 sec.    | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>   | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>• One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.</li> </ul>               | One step sequence fully utilizing ice surface                            | Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test        |

|   |   |  |   |  |
|---|---|--|---|--|
| <p>Juvenile</p> <p>2:15 +/- 10 sec.</p>                                 | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps, including Axel, are permitted.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>   | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)</li> <li><i>Only solo spin may fly</i></li> </ul> | <p>One step sequence fully utilizing ice surface</p>  | <p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p> |
| <p>Intermediate</p> <p>2:30 +/- 10 sec.</p>                             | <p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow and double toe loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>                                       | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One must be a flying spin (min 5 revolutions),</li> <li>One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</li> </ul>  | <p>One step sequence fully utilizing ice surface</p>  | <p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p> |
| <p>Novice</p> <p>Ladies: 3:00 +/- 10 sec.<br/>Men: 3:30 +/- 10 sec.</p> | <p><i>Maximum of 7 jump elements for men and 6 for ladies:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop and double loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul> | <p><i>Maximum of 3 spins, of a different nature:</i></p> <ul style="list-style-type: none"> <li>One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)</li> <li>The other spins are the option of the skater (min 6 revolutions per foot)</li> <li><i>All spins may fly</i></li> </ul>                | <p>One step sequence or spiral sequence fully utilizing ice surface</p> <p>(see rule 4104 &amp; 4105 for remarks)</p> | <p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>   |
| <p>Junior</p> <p>Ladies: 3:30 +/- 10 sec.<br/>Men: 4:00 +/- 10 sec.</p> | <p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop, double loop and double flip</li> </ul>  | <p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination</li> </ul>   | <p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for</p>  | <p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have</p>   |

|   |  |   |   |  |
|---|--|---|---|--|
|   | <ul style="list-style-type: none"> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>  | spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)  | remarks)  | passed tests higher than junior free skate test                                  |
| <p>Senior</p> <p>Ladies: 4:00 +/- 10 sec.<br/>Men: 4:30 +/- 10 sec.</p> | <p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Must include at least four different double jumps, one must be a double Lutz.</li> <li>• Triple jumps are not permitted</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul> | <p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position (Min. 6 revolutions)</li> <li>• One flying spin (Min. 6 revolutions)</li> <li>• One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul> | <p>Men:<br/>Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p>Ladies:<br/>One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 &amp; 4105 for remarks.)</p> | Skaters must have passed at least the U.S. Figure Skating junior free skate test |

## Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

| Level         | Time      | Skating rules/standards  |
|---------------|-----------|--|
| Beginner      | 1:15 max. | <ol style="list-style-type: none"> <li>1. Waltz jump</li> <li>2. ½ jump of choice</li> <li>3. Forward two-foot or one-foot spin, minimum three revolutions (free leg position optional)</li> <li>4. Forward or backward spiral</li> </ol>  |
| High Beginner | 1:15 max. | <ol style="list-style-type: none"> <li>1. Toe loop jump</li> <li>2. Salchow jump</li> <li>3. Forward scratch spin - minimum three revolutions</li> <li>4. Forward or backward spiral</li> </ol>  |
| No-Test       | 1:15 max. | <ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>3. Solo spin - sit <u>or</u> camel spin - minimum three revolutions</li> <li>4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol> |

## COMPULSORY MOVES

General event parameters:

14. Basic Skills – Juvenile: Elements skated on ½ ice
15. Intermediate – Senior: Elements skated on full-ice
16. Elements may be performed only once
17. Music is not allowed

| Level                | Time      | Skating rules/standards  |
|----------------------|-----------|--|
| Pre – Preliminary    | 1:00 max. | <ol style="list-style-type: none"> <li>1. Single flip</li> <li>2. Jump combination: single/single (no Axel)</li> <li>3. Sit spin or camel spin - minimum three revolutions</li> <li>4. Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ol> |
| Preliminary          | 1:00 max. | <ol style="list-style-type: none"> <li>1. Single Lutz</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Back upright spin - minimum three revolutions</li> <li>4. Forward inside spiral</li> </ol>  |
| Pre – Juvenile       | 1:15 max. | <ol style="list-style-type: none"> <li>1. Single jump (may include Axel)</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence - circular</li> </ol>                   |
| Juvenile & Open Juv. | 1:15 max. | <ol style="list-style-type: none"> <li>1. Single Axel</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence – circular</li> </ol>  |
| Intermediate         | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double Salchow or double toe loop</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Flying spin, minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol>                              |
| Novice               | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double loop</li> <li>2. Jump combination: double/single or double/double</li> <li>3. Flying spin - minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol>   |
| Junior               | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double flip</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>  |
| Senior               | 1:30 max. | <ol style="list-style-type: none"> <li>1. Double Lutz</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol>  |

## Spins Challenge

General event parameters:

18. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
19. All events are skated on ½ ice.
20. Minimum number of revolutions are noted in parentheses.

| Level                | Time      | Skating rules / standards   |
|----------------------|-----------|---|
| Beginner             | 1:30 max. | 5. Upright one-foot spin (3)<br>6. Upright two-foot spin (3)<br>7. Sit spin (3)   |
| High Beginner        | 1:30 max. | 5. Upright one-foot spin (3)<br>6. Upright two-foot spin (3)<br>7. Sit spin (3)   |
| No-Test              | 1:30 max. | 5. Upright one-foot spin (3)<br>6. Upright two-foot spin (3)<br>7. Sit spin (3)   |
| Pre – Preliminary    | 1:30 max. | 1. Upright one-foot spin (3)<br>2. Upright two-foot spin (3)<br>3. Sit spin (3)   |
| Preliminary          | 1:30 max. | 5. Backward upright spin (3)<br>6. Combination spin with no of foot (4)<br>7. Sit spin (3)  |
| Pre – Juvenile       | 1:30 max. | 5. Camel spin (3)<br>6. Combination spin – camel to sit spin; no change of foot (6)<br>7. Forward to backward scratch spin (3 per foot)   |
| Juvenile & Open Juv. | 1:30 max. | 5. Sit spin (4)<br>6. Combination spin – change of foot; optional change of position (4 per foot)<br>7. Girls – layback spin (4); Boys – camel spin (4)   |
| Intermediate         | 1:30 max. | 5. Flying camel spin (5)<br>6. Sit spin to backward sit spin (4 per foot)<br>7. Combination spin – change of foot & change of position (4 per foot)   |
| Novice               | 1:30 max. | 5. Choice of camel, sit or layback spin (6)<br>6. Camel spin to backward camel spin (4 per foot in position)<br>7. Combination spin – change of foot & two changes of position (2 per position & 5 per foot)            |
| Junior               | 1:30 max. | 5. Flying sit spin or flying reverse sit spin (6)<br>6. Ladies – layback spin (6); men – cross-foot spin (6)<br>7. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot) |
| Senior               | 1:30 max. | 5. Flying spin of choice (6)<br>6. Solo spin of choice (6) – may not fly<br>7. Combination spin – with change of foot & utilizing all three positions (2 per position & 5 per foot)                                     |

## **BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level

| Level            | Time            | Skating rules/standards   |
|------------------|-----------------|---|
| Snowplow Sam 1-3 | 1:00 +/-10 max. | 8. March followed by a two-foot glide and dip<br>9. Forward two-foot swizzles, 2-3 in a row<br>10. Forward snowplow stop<br>11. Backward wiggles, 2-6 in a row  |
| Basic 1          | 1:00 +/-10 max. | 8. Forward two-foot glide and dip<br>9. Forward two-foot swizzles, 6-8 in a row<br>10. Forward snowplow stop<br>11. Backward wiggles, 6-8 in a row  |
| Basic 2          | 1:00 +/-10 max. | 8. Forward one-foot glide, either foot<br>9. Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot<br>10. Moving snowplow stop<br>11. Two-foot turn in place, forward to backward<br>12. Backward two-foot swizzles, 6 - 8 in a row   |
| Basic 3          | 1:00 +/-10 max. | 5. Forward stroking<br>6. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive<br>7. Forward slalom<br>8. Backward one-foot glide, either foot<br>9. Two-foot spin, minimum three revolutions  |
| Basic 4          | 1:00 +/-10 max. | 8. Standstill forward outside three-turn, right and left<br>9. Forward crossovers, 4-6 consecutive both directions<br>10. Backward stroking, 4-6 strokes<br>11. Backward snowplow stop, right or left   |
| Basic 5          | 1:00 +/-10 max. | 8. Backward crossovers, 4-6 consecutive, both directions<br>9. Basic one-foot spin, free leg held to side of spinning leg, minimum three revolutions<br>10. Side toe hop, either direction<br>11. Hockey stop   |
| Basic 6          | 1:00 +/-10 max. | 8. Standstill forward inside three-turn, right and left<br>9. Bunny Hop<br>10. Forward spiral on a straight line, right or left<br>11. Lunge, right or left<br>12. T-stop, right or left  |
| Basic 7          | 1:00 +/-10 max. | 8. Standstill forward inside open Mohawk, right to left and left to right<br>9. Ballet Jump, either direction<br>10. Back crossovers to a back outside edge landing position, clockwise and counter clockwise<br>11. Forward inside pivot   |
| Basic 8          | 1:00 +/-10 max. | 8. Moving forward outside or forward inside three-turns, right and left<br>9. Waltz jump<br>10. Mazurka, either direction<br>4. 1 Combination move, clockwise <u>or</u> counter clockwise – two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge<br>5. Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position -minimum three revolutions |

## Free Skate 1-6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

| Level        | Time          | Skating rules / standards  |
|--------------|---------------|--|
| Free Skate 1 | 1:30+/-10 sec | <ol style="list-style-type: none"> <li>1. Advanced forward stroking, 4-6 consecutive</li> <li>2. One-foot upright scratch spin from backward crossovers, minimum three revolutions</li> <li>3. Waltz jump from backward crossovers</li> <li>4. Half flip jump</li> </ol> |
| Free Skate 2 | 1:30+/-10 sec | <ol style="list-style-type: none"> <li>12. Forward outside spiral, right or left</li> <li>13. Beginning back spin – entry optional, minimum two revolutions</li> <li>14. Waltz jump, side toe hop, waltz jump sequence</li> <li>15. Toe loop jump</li> </ol>             |
| Free Skate 3 | 1:30+/-10 sec | <ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Back spin, minimum three revolutions</li> <li>3. Salchow jump</li> <li>4. Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ol>                                     |
| Free Skate 4 | 1:30+/-10 sec | <ol style="list-style-type: none"> <li>10. Forward power 3's, 2-3 consecutive sets, right or left</li> <li>11. Sit spin, minimum three revolutions</li> <li>12. Loop jump</li> <li>13. Waltz jump-loop jump combination</li> </ol>                                       |
| Free Skate 5 | 1:30+/-10 sec | <ol style="list-style-type: none"> <li>12. Camel spin, minimum three revolutions</li> <li>13. Forward upright spin to back upright spin, minimum three revolutions each foot</li> <li>14. Loop-loop jump combination</li> <li>15. Flip jump</li> </ol>                   |
| Free Skate 6 | 1:30+/-10 sec | <ol style="list-style-type: none"> <li>12. Camel, sit spin combination, minimum of four revolutions total</li> <li>13. Split jump or stag jump</li> <li>14. Waltz jump, ½ loop, Salchow jump sequence</li> <li>15. Lutz jump</li> </ol>                                  |

## **Basic Elements Event: SNOWPLOW SAM – BASIC 8**

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**

| Level            | Time      | Skating rules/standards   |
|------------------|-----------|---|
| Snowplow Sam 1-3 | 1:00 max. | 12. March followed by a two-foot glide and dip<br>13. Forward two-foot swizzles, 2-3 in a row<br>14. Forward snowplow stop<br>15. Backward wiggles, 2-6 in a row  |
| Basic 1          | 1:00 max. | 16. Forward two-foot glide and dip<br>17. Forward two-foot swizzles, 6-8 in a row<br>18. Forward snowplow stop<br>19. Backward wiggles, 6-8 in a row  |
| Basic 2          | 1:00 max. | 13. Forward one-foot glide, either foot<br>14. Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot<br>15. Moving snowplow stop<br>16. Two-foot turn in place, forward to backward<br>17. Backward two-foot swizzles, 6 - 8 in a row   |
| Basic 3          | 1:00 max. | 14. Forward stroking<br>15. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive<br>16. Forward slalom<br>17. Backward one-foot glide, either foot<br>18. Two-foot spin – minimum three revolutions  |
| Basic 4          | 1:00 max. | 16. Standstill forward outside three-turn, right and left<br>17. Forward outside edge on a circle, clockwise or counter clockwise<br>18. Forward crossovers, 4-6 consecutive, both directions<br>19. Backward stroking, 4-6 strokes<br>20. Backward snowplow stop, right or left  |
| Basic 5          | 1:00 max. | 16. Backward outside edge on a circle, clockwise or counterclockwise<br>17. Backward crossovers, 4-6 consecutive, both directions<br>18. Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions<br>19. Side toe hop, either direction<br>20. Hockey stop  |
| Basic 6          | 1:00 max. | 13. Standstill forward inside three-turn, right and left<br>14. Bunny Hop<br>15. Forward spiral on a straight line, right or left<br>16. Lunge, right or left<br>17. T-stop, right or left  |
| Basic 7          | 1:00 max. | 12. Standstill forward inside open mohawk, right to left and left to right<br>13. Ballet jump, either direction<br>14. Back crossovers to a back outside edge landing position, clockwise and counter clockwise<br>15. Forward inside pivot   |
| Basic 8          | 1:00 max. | 11. Moving forward outside or forward inside three-turns, right and left<br>12. Waltz jump<br>13. Mazurka, either direction<br>4. 1 Combination move, clockwise <u>or</u> counter clockwise, two forward crossovers into forward inside mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge<br>5. Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum three revolutions |

## Free Skate 1-6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

| Level        | Time      | Skating rules / standards   |
|--------------|-----------|---|
| Free Skate 1 | 1:15 max. | 4. Advanced forward stroking, 4-6 consecutive<br>5. Backward outside three-turns, right and left<br>6. One-foot upright scratch spin from backward crossovers - minimum three revolutions<br>7. Waltz jump from backward crossovers<br>5. Half flip jump                            |
| Free Skate 2 | 1:15 max. | 20. Forward outside or inside spiral, right or left<br>21. Waltz three's, right or left, 2-3 sets<br>22. Beginning back spin, entry optional – minimum two revolutions<br>23. Waltz jump, side toe hop, waltz jump sequence<br>24. Toe loop jump                                    |
| Free Skate 3 | 1:15 max. | 5. Forward crossovers in a figure 8<br>6. Backward inside three-turns, right and left<br>7. Back spin - minimum three revolutions<br>8. Salchow jump<br>9. Waltz jump/toe loop or Salchow/toe loop jump combination   |
| Free Skate 4 | 1:15 max. | 19. Forward power 3's, 2-3 consecutive sets, right or left<br>20. Sit spin - minimum three revolutions<br>21. Loop jump<br>22. Waltz jump/loop jump combination   |
| Free Skate 5 | 1:15 max. | 21. Camel spin - minimum three revolutions<br>22. Forward upright spin to back upright spin - minimum three revolutions each foot<br>23. Loop/loop jump combination<br>24. Flip jump  |
| Free Skate 6 | 1:15 max. | 21. Five step mohawk sequence - one set alternating pattern (refer to Basic Skills Curriculum Free skate 6)<br>22. Camel, sit spin combination - minimum of four revolutions total<br>23. Split jump or stag jump<br>24. Waltz jump, ½ loop, Salchow jump sequence<br>25. Lutz jump |



## 2014 U.S. Figure Skating Solo Dance Series Events

The **Hershey Open 2014** is a participating competition within the 2014 Solo Dance Series.

The **solo pattern dance event and combined events** are being offered as part of the 2014 U.S. Figure Skating Solo Dance Series and will be conducted in accordance with the 2014 Solo Dance Series Handbook found at <http://www.usfigureskating.org/Programs.asp?id=479>. Please refer to the 2014 Solo Dance Series handbook for the current Series rules, levels and event requirements that will be in effect for this competition.

### **2014 SOLO DANCE SERIES EVENTS BEING OFFERED:**

**Solo Pattern Dance Event:** The solo pattern dance event is comprised of two dances at each level. This event is being offered at the **Preliminary, Pre-Bronze, Bronze, Pre-Silver, Silver, Pre-Gold, Gold and International** levels.

| Level         | Dances                            |
|---------------|-----------------------------------|
| Preliminary   | Dutch Waltz<br>Canasta Tango      |
| Pre-Bronze    | Cha Cha<br>Fiesta Tango           |
| Bronze        | Willow Waltz<br>Ten Fox           |
| Pre-Silver    | European Waltz<br>Foxtrot         |
| Silver        | American Waltz<br>Rocker Foxtrot  |
| Pre-Gold      | Blues<br>Paso Doble               |
| Gold          | Viennese Waltz<br>Argentine Tango |
| International | Yankee Polka<br>Tango Romantica   |

Refer to the 2014 Solo Dance Series Handbook found at <http://www.usfigureskating.org/Programs.asp?id=479> for the solo pattern dance event rules, test requirements and details.

**Combined Event:** The combined dance event is comprised of the following:

- 1.) JUVENILE, INTERMEDIATE, NOVICE: One solo pattern dance chosen by the referee out of two possible dances as selected by U.S. Figure Skating This dance will not be posted until the starting order is posted at the competition.

**Pattern Dance Selection for Juvenile:** Willow Waltz and Ten Fox

**Pattern Dance Selection for Intermediate:** European Waltz and Foxtrot

**Pattern Dance Selection for Novice:** Tango and American Waltz

JUNIOR, SENIOR: A short dance

- 2.) A solo free dance

The pattern dances competed in the combined dance event are separate from those in the solo pattern dance event and the results will not count towards the solo pattern dance event or results. **This event is offered at the juvenile, intermediate, novice, junior and senior levels.** Refer to the 2014 Solo Dance Series Handbook found at <http://www.usfigureskating.org/Programs.asp?id=479> for the combined event rules and details.

## Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and Scenery are permitted
- This is a program with the emphasis on the Entertainment value, rather than technical content. Elements to be considered in judging will be illustration of character, music interpretation, costuming, and audience appeal. Vocal music is allowed. Props are optional. Skaters must carry their own props on and off the ice. **PLEASE NOTE: You will not be able to drive to the back of the Arena to drop off the props. They must be carried down the stairs to the ice surface.**

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline
3. Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under "Programs" on the National Showcase page.
- 4.

### Light Entertainment Levels

|                | Event  | Must have passed(dance tests refer to solo or partnered standard track) | Must not have passed(dance tests refer to solo or partnered standard track) | Age                                   | Time     |
|----------------|--|---|---|---------------------------------------|----------|
| <b>Singles</b> | Beginner,<br>High Beginner,<br>No Test*<br><br>Note: these levels do not qualify for National Showcase | -   | Pre-Preliminary Free Skate  | No Age restriction                    | 1:30 max |
|                | Pre-Preliminary*<br><br>Note: this level does not qualify for National Showcase                        | -   | Preliminary Free Skate  | No Age restriction                    | 1:30 max |
|                | Preliminary  | Preliminary Free Skate  | Pre-Juvenile Free Skate   | No minimum age<br><b>(max age 20)</b> | 1:40 max |
|                | Pre Juvenile   | Pre Juvenile Free Skate<br>2 Preliminary Dances                         | Juvenile Free Skate or<br>Complete Pre-Bronze Dance                         | No minimum age<br><b>(max age 20)</b> | 1:40 max |
|                | Juvenile   | Juvenile Free Skate<br>Complete Preliminary Dance                       | Intermediate Free Skate<br>Any Silver Dance                                 | 13 and under                          | 2:10 max |

*\*The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart.*

